

# BASCNA MEETING



Baltimore Area Service Committee of Narcotics Anonymous  
Free State Regional Service Center  
217 N. Warwick Avenue  
Baltimore, Md. 21223



Phone: 410-566-4022

Hotline: 1-800-317-3222

**Stephanie G. – Chair**

**Randy S. – Vice Chair**

**Nicole H. - Secretary**

**Saturday, May 5, 2018**

## • OPENING

- We version of "The Serenity Prayer"
- The reading of "The 12 Concepts"
- Housekeeping Rules

## • ROLL CALL

|                         |                    |                                  |                   |
|-------------------------|--------------------|----------------------------------|-------------------|
| ○ BASC Chair            | <b>Excused</b>     | ○ Phone Line Chair               | <b>VACANT</b>     |
| ▪ BASC Vice-Chair       | <b>Randi S.</b>    | ○ Hospitals & Institutions Chair | <b>Zavia B.</b>   |
| ○ Secretary             | <b>Nicole H.</b>   | ○ RCM                            | <b>Greg B.</b>    |
| ▪ Alternate Secretary   | <b>VACANT</b>      | ▪ Alternate RCM                  | <b>VACANT</b>     |
| ○ Treasurer             | <b>Verlie H.</b>   | ○ Public Relations Chair         | <b>Antonio S.</b> |
| ▪ Alternate Treasurer   | <b>Milton W.</b>   | ○ BACNA Liaison                  | <b>Thomas C.</b>  |
| ○ Literature Chair      | <b>Curtiss C.</b>  | ▪ BACNA/Region                   | <b>Connie J.</b>  |
| ○ Policy Chair          | <b>Yorell C.</b>   | ○ FSRNA and / or FSRNA           | <b>Absent</b>     |
| ○ Special Events Chair  | <b>Larry T.</b>    |                                  |                   |
| ○ Web-Servant           | <b>Franklin G.</b> | ○ Sargent at Arms #1             | <b>Jimmie B.</b>  |
| ▪ Alternate Web-Servant | <b>Excused</b>     | ○ Sargent at Arms #2             | <b>Mario A.</b>   |

## • WELCOME of "New Groups and/or GSR/Alt GSR

| Home Group Name            | Address  | Representative                       | Meeting Information  |
|----------------------------|--|--------------------------------------|--|
| Sunday Men's Rap           | 2530 N. Charles Street, 3 <sup>rd</sup> Fl.<br>Baltimore, MD 21218 | Herman K. (GSR)                      | <ul style="list-style-type: none"> <li>• Sundays 11:30 (90 mins.)</li> <li>OD, Step, Tradition</li> <li>Wheelchair Accessible</li> </ul> |
| Little Italy               | 201 Exeter Street<br>Baltimore, MD 21202                           | Angel M. (GSR)<br>Kelly C. (Alt GSR) | <ul style="list-style-type: none"> <li>• Wed 8pm OD</li> </ul>   |
| Miracles On Chester Street | Chester Street   | Linda (GSR)                          | <ul style="list-style-type: none"> <li>• Fri 6pm OD/ST/SP</li> </ul>   |
| Am I Willing               | 1610 N. Carey Street<br>Baltimore, MD 21217                        | J.R. (GSR)                           | <ul style="list-style-type: none"> <li>• Mon-Fri 1:15pm (75 mins.)</li> <li>OD/ST</li> </ul>   |

- **OD – Open Discussion**
- **JFT – Just For Today**
- **RR – Round Robin**
- **ST – Step**
- **SP – Speaker**

## ➤ 1<sup>st</sup> GSR count 11:10 am 25 GSR's

## • REVIEW of last month's minutes approved.

- Open position(s)
  - Alternate RCM
  - Hotline Chair

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- **SPECIAL EVENTS Subcommittee Report** accepted. Friendly amendment made for month and balance. The balance should read \$1,028.38. There is a marathon and dance today at Transfiguration Church beginning @ 2pm, dance at 8pm. Next month's event is on May 5<sup>th</sup> at Gwynn Oak UMC 5020 Gwynn Oak Avenue from 12pm to midnight, dance is @ 8pm \$5 entry fee. (See Report 28,0,0)
- **TREASURER/VICE TREASURES Report** Please be sure to review the group donations on the back of the report. You will see the \$100 donation to the Region in April's report. A member asked if the Chair, Vice Chair and Secretary attended MARLCNA why ~~were~~ <sup>did</sup> they not attend the CARR workshop. The response was all attendees arrived at the end of the CARR workshop. Funds brought in for March today will reflect in April's report. (26,0,0)
- **CHAIR'S Report** accepted. (See Report)
- **VICE CHAIR'S Report** accepted. Deadline for tallies is April 15<sup>th</sup>. Joined ADHOC Committee through observation of group Strong Connections. The group needs literature and keychains. The conduct of the secretary was also addressed. (See Report)
  - 2<sup>nd</sup> GSR count 12pm 29 GSR's
- **RCM and/or Alternate RCM Report(s)** Please take an opportunity to review the Financial Report from the Region since there are some discrepancies. The amount was for regional donation and phoneline bill. Friendly amendment to verbiage in #9. It should read "out of" instead of "outta." (See Report)
- **POLICY Subcommittee Report** (See Report.)
- **BACNA LIASON / BACNA BOD / BACNA Subcommittee Report(s)** A member stated BACNA needs to do a better job of promoting events in particular the Area Convention. BACNA Events need more media attention. Possibly they could create flyers each month. A member asked, "How is the committee addressing our concerns and suggestive ideas?" Member asked "How is BACNA and the Region unionizing?" (See Report)
- **PHONE LINE Subcommittee Report** Calls (255) Missed Called (34), Voicemails (14). Percentage – 8%. This is a vacant position; however, in the interim he still gives updates and volunteers. In that, there is no report just an email update.
- **LITERATURE Subcommittee Report** (See Report)
- **HOSPITALS and INSTITUTIONS Subcommittee Report** One of the male facilities has complained of a coordinator dressing inappropriately and is currently being addressed. Suggested to do a coordinator training for the Do's and Don'ts of H&I. Tuerk House is in need of 2 speakers when taking in a meeting because of the overflow. We are concerned about H&I Secretary; she has not been present at meetings, not answering phones calls nor returning phone calls. We are concerned about her well being. If ANYONE is in contact with her please let us know that she is in good health and safe keeping. Please get the word out to check on her condition and whereabouts. (See Report.)



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➤ **3<sup>rd</sup> GSR count 1 pm 19 GSR's**

- **WEBSERVANT / ALTERNATE WEB SERVANT Report** The newsletter will be accessible via web for next month. Please keep out Alternate Web Servant in prayer he had knee surgery. (See Report.)
- **PUBLIC RELATIONS Subcommittee Report** Friendly amendment made, first sentence should read, "Literature was left over from the previous event which occurred in February at the School of Dentistry." Chair was told by a representative from BACNA that they do not provide a table for BASC Public Relations Committee at their events. (See Report)
- **OLD BUSINESS**
  - Tabled motion(s)
    - None

➤ **4<sup>th</sup> GSR count 2 pm 10 GSR's**

- **NEW BUSINESS**
  - Motion(s)
    - Tabled motion was withdrawn # 1-046718
  - Nomination(s)
    - Nomination made by Thomas C. for Rhonda G. as Alternate Secretary. She accepted the nomination and was nominated.
      - Clean since 12/12/01
      - Has a Sponsor
      - Working knowledge of the 12, 12 & 12
      - Service from a posture of the heart.
      - Willing to learn new ideas and skills.
      - Willing to learn, grow and ask for help.
      - Plans to familiarize oneself with the Articles & Guidelines.
      - Her job is to have secretary's back.
  - Discussion(s) None
  - Concern(s) None
- **SECRETARY Update** Friendly amendment made under New Business, Motions bullets. Motion # 2018-03-03 was updated/changed to 3-030318, Motion #2018-03-01 was revised to 1-030318 and Motion #2018-03-02 was revised to 2-030318. (See Report)
- **FSRCNA and / or FSRNA Absent.**
- **OPEN GROUP DISCUSSION**
  - Group Update - Strong Connections
    - It was reported that strong connections was not signing slips for late comers.



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- There are 3 secretaries serving at the group and Patrice is serving as secretary and GSR for the group.
- There is a meeting at Strong Connections 10 x's a week. (M,T,W @ 12 Noon, M-F @ 4pm, Sat at 5:15pm and Sun @ 5pm.)

❖ **Suggestions from Members for Strong Connections**

- ❖ Change time (i.e. change 4pm to 8pm)
- ❖ Consider times of surrounding meetings.
- ❖ Consider cutting the number of meetings in a week.
- ❖ Move the location.
- ❖ It has been said that Patrice is the only member running the group; however, she states there are 2 others.
- ❖ Our hard won experience is the reason we serve. We run the risk of relapse when we lack and/or neglect our self care.

• **CLOSING**

- The We version of the "Serenity Prayer"

***Thank you for allowing me to serve!!!***

Humbly submitted,

*Nicole H.*

BASC Secretary

443.694.0146

[Neharrington@bcps.k12.md.us](mailto:Neharrington@bcps.k12.md.us)



*Baltimore Area Special Events*  
*April Talley Sheet*



*Starting balance: \$1500.00*

*Transfiguration Church: \$1,150.00*

*DJ: \$350.00*

*Beverages Proceeds:*  
*Food Money: \$417.74*

*\$141.25  
spent on  
Beverages.*

*Returned Food and Dance: \$973.96*

*(Bev & Env)  
573.96 proceeds  
+*

*Meeting Envelopes: \$156.22*

*400.00 = 973.96  
✓ Receipts & Money (259.75)  
141.25*

*Tony & Clarence Bid out contract/ \$400.00 (Contract & Menu)  
Caterer*

*Template was not prepared.*

*My Apologies,*

*Larry T.  
Chairperson*

**Baltimore Area Service Committee of Narcotics Anonymous**

**May-18**

Balance from Statement 3/31/2018

**\$ 3,625.85**

|                       |    |          |       |                        |        |
|-----------------------|----|----------|-------|------------------------|--------|
|                       |    | 7-Apr    |       | Special Event 4/7/2018 |        |
| Currency              | \$ | 1,200.00 |       | \$                     | 550.00 |
| Coin                  | \$ | 22.53    |       | \$                     | 23.96  |
| Checks / Money Orders |    |          |       | \$                     | 32.00  |
|                       | 1  | \$       | 25.00 |                        |        |
|                       | 2  | \$       | 18.78 |                        |        |
|                       | 3  | \$       | 81.50 |                        |        |
|                       | 4  |          |       |                        |        |
|                       | 5  |          |       |                        |        |
|                       | 6  |          |       |                        |        |
|                       | 7  |          |       |                        |        |
| Area Basket           | \$ | 29.67    |       |                        |        |

**# 578.96**

**March Marathon Remaining Funds**

Deposited 4/9/2018      \$ 1,377.48      \$ 605.96

Total Deposited      \$ 1,983.44

Deposit + Balance      **\$ 5,609.29**

| Debts / Expenses |      |    |             |  |
|------------------|------|----|-------------|--|
| Check #          | 4496 | 1  | \$ 1,500.00 | Special Events (May Marathon)                            |
| Check #          | 4497 | 2  | \$ 100.00   | Regional Donation  |
| Check #          | 4498 | 3  | \$ 65.00    | Regional Phone Line Donation                             |
| Check #          | 4499 | 4  | \$ 179.00   | Web Servant (Annual bill for the Website)                |
| Check #          | 4500 | 5  | \$ 80.00    | Wayne Maddox - Flyers & Tickets (Special Events)         |
| Check #          | 4501 | 6  | \$ 90.00    | F.S.R.S.C.N.A. (Rent for Baltimore Area)                 |
| Check #          | 4502 | 7  | \$ 90.00    | F.S.R.S.C.N.A. (Rent for Sub-Committees)                 |
| Check #          | 4503 | 8  | \$ 65.19    | F.S.R.S.C.N.A. (150 Newsletters)                         |
| Check #          | 4504 | 9  | \$ -        | Voided Check   |
| Check #          | 4505 | 10 | \$ 418.90   | F.S.R.S.C.N.A. (Literature for H&I)                      |
| Check #          | 4506 | 11 | \$ 36.00    | F.S.R.S.C.N.A. (Literature for P.R.)                     |
| Check #          | 4507 | 12 | \$ 214.81   | F.S.R.S.C.N.A. (Copies for the Baltimore Area Committee) |
| Check #          | 4508 | 13 | \$ 100.64   | Treasure (Refreshments for the GSR Meeting)              |

Total Debits      Minus      -      **\$2,939.54**

**Ending Balance      \$ 2,669.75**

**Prudent Reserve      \$ 1,000.00**

**Operating Expense      Under      \$ 2,600.00      \$ 1,669.75**

**Go To The Region**

*\$100 minimum established By BASC Motion 4-080412*

**Anything above the operating expense**

**Please Make Checks or Money Orders out to Baltimore Area**

## Home Group Donations from April 2018

|                                    |                                      |                           |
|------------------------------------|--------------------------------------|---------------------------|
| Life Support Women's Rap           | The Ties that Bind us Together       | Recovery at the Center    |
| Getting Clean up North             | Literature is the Program            | In Times of Illness       |
| Doing it again on Greenmount       | Blast of Recovery East               | Recovery or Relapse       |
| Steps to the Truth                 | To Live or Die in LA                 | Courage to Change         |
| Hangin Tough                       | Village Voice Group                  | Academic Recovery         |
| Step Working Guide Group           | Give me a Break                      | Changing North & Longwood |
| Road to the Deliverance            | A Desire to Change                   | Blast of Recovery         |
| Are you Willing                    | Miracles Happen                      | Freedom from Bondage      |
| No Longer Bound                    | New Beginning                        | Sisters in Recovery       |
| Promise is Freedom                 | Striving and Thriving with the Steps | Message of recovery       |
| Living Clean the Journey Continues | Living Life in a New Way             | Women's Rap               |
| Liberty Road Group                 | The Best Thing Going                 | Vision of Hope            |
| Recovery on the Heights            | It's About Change                    | Manic Sunday/Monday       |
| Sunday's Men's Rap                 | Power of Example                     | From the Bottom up        |
| Tuesday Night on Liberty Heights   | Stepping into Recovery               |                           |



*Baltimore Area Special Events  
May Report*



*May 5, 2018*

*Good morning, Executive Body and GSRs,*

*Pleased to be of service as the Special Events Chair for the Baltimore Area this year.*

*Final balance turned in to the Treasurer for the March event is \$973.96.*

*Today's event is at Gwynn Oak UMC, 5020 Gwynn Oak Avenue from 12:00 pm to 12:00 midnight, "Why Are We Here" is this May's theme. Marathon is from 12 - 8 pm, Dance from 8 pm - 12 midnight with \$5 admission.*

*Our June 2nd the event is at the Arena Players, 801 McCulloh Street (Bus line Lime or 54) from 12:00 pm to 12:00 midnight, "Relationships" Marathon with a Comedy Show and Dance. Marathon is from 12 - 7 pm, Comedy Show from 7 - 8 pm and Dance from 8 pm - 12 midnight with \$10 admission for Comedy and Dance.*

*I am honored to be of service as your Special Events Chairperson.*

*In Loving Service,  
Larry T.  
Chairperson*





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## BASC AGENDA

Please place your reports in the order as follows. Thank you!

### Order of Business

- New  
GSR's  
Welcome
- ✓1. Serenity Prayer (*We version*), reading of 12 Concepts.
  - ✓2. Sargent at Arms, Housekeeping rules, and GSR Training.
  - ✓3. Roll Call with welcome to all New Groups, New GSR's, Alternate GSR's and elected Executive Body.
  - ✓4. Review and approval our last monthly minutes. (*Please review these reports before the start of the meeting.*)
  5. Special Events Subcommittees Report.
  6. Treasurer and/or Vice-Treasurer update/Report.
  7. Old Business
    - a. *Qualifications, Nominations, and Elections for the 2018 Service Year*
    - b. *Executive Body positions that are now open/available.*
    - c. *Tabled Motion*
  8. New Business/Motions/Nominations
  9. Chairperson Report
  10. Vice-Chairperson Report
  11. Secretary and Alternate Secretary Report(s)
  12. RCM/RCM Alternate Report
  13. Policy Committee Report
  14. Hospitals & Institutions (H&I) Committee Report and update
  15. Public Relations/Information (PR/PI) Committee Report
  16. BACNA Liaison Report
  17. BACNA Update
  18. Phone line/Hotline Committee Report
  19. Web Servant Report/Alternate Web Servant Report(s)
  20. Literature Committee Report
  21. FSRNA and/or FSRCA Report
  22. Open Discussions of issues, thoughts, and concerns in our BASC Area

*Closing with the "We" version of Serenity Prayer.*

*Thank you for all GSR's stepping up to staying until the close of meeting.*

*This demonstrates how your Home Group presents itself to the Area, Region, and the World!*



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## Respectful Housekeeping Rules

Please all remember that our recovery process teaches us:

Cooperation, Open-mindedness, Compassion, Love,

Understanding, Tolerance, Honesty,

Caring, Giving, Helping one another, and Willingness.

*We the BASC Executive Body Respectfully  
Requests your help and assistance by:*

- \*Please* pick up and prepare your meeting packets before start of meeting.
- \*Please* read over the agenda and put meeting reports in corresponding order.
- \*Please* be seated 5 minutes before the meeting with your phone on vibrate.
- \*Please* respect and assist our Sergeants at Arms.
- \*Please* <sup>take</sup> keep personal conversations ~~at a very minimum or take it~~ outside.
- \*Please* when you need any forms (*nominations or motions etc.*) ask for it from the Sergeants at Arms.
- \*Please* no cross sharing or talking. (*Direct all comments to your BASC Executive Body*)
- \*Please* for all GSR counts keep your hand up and stay in place until count is finished. Please speak loudly and clearly.
- \*Please* stay focused on business currently on the floor to be discussed and possibly voted on.
- \*Please* remember to keep principles before personalities. Group conscious is the spiritual means by which we invite a loving God to influence our decisions (6<sup>th</sup> Concept).
- \*Please* remember that motions and nominations are conducted after reports and old business.
- \*Please* clean up behind yourself and your neighbor.

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## BASC CHAIRPERSON REPORT

Good Morning to all GSR's, GSR Alternates and Board Members.

Thank you for all you do GSR's, board members and other trusted servants. The message is hope and the promise is freedom. For every commitment we fill, we give hope the still suffering addict. The BASC is still in need of trusted servants. However, I am pleased to announce that we have filled our Alternate Secretary position. Please welcome Rhonda G. aboard. The following positions are still open, Hotline Chair and Alternate RCM. If you or someone you know is interested, we are still accepting nominations.

We had our monthly Executive Board meeting where we meet every 3<sup>rd</sup> Thursday from 5:30-6:45 pm here at the service center. During such time we discussed business issues that effects the board.

The BASC is still working toward building partnerships and unionizing with other surrounding areas. In our monthly board meeting we also discussed possible events and ideas to bridge the gap. We are seeking your support and ideas regarding this matter as well. Our BASC Secretary has created a suggestion box and slips for ideas in unionizing with other surrounding areas. Please take a moment to share your ideas with us as we work through this goal. We are looking forward to attending upcoming events and conferences to expand mutually rewarding relationships.

Respectfully submitted,

*Stephanie G.*

BASC Chairperson

# BASC Vice Chair 2018



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Nicole H. - ASC Secretary



**Saturday May 5th, 2018**

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*Greetings and welcome to all. Thank you for your love and commitment in your efforts to serve the BASC & the fellowship of Narcotics Anonymous*

## **Ninth Concept (Abridged)**

**All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.**

It's easy to discuss things with those who agree with us. But in recovery we've learned that our own best thinking may not necessarily offer us the best possible guidance. We've been taught that, before making significant decisions, we should check our judgment against the ideas of others. Our experience has shown us that the ideas of those who disagree with us are often the ones we need most to hear. When making a decision, our groups, service boards, and committees should actively seek out all available viewpoints.

Concept Nine also encourages us, individually, to frankly speak our minds in discussions of service issues, even when most other members think differently. No, this concept is not telling us to become perpetual naysayers, objecting to anything agreed to by the majority. What it does say, we are responsible to share our thoughts and our conscience with our fellow members, carefully explaining our position as well as listening with equal care to the positions of others.

The expression of individual conscience is the foundation of group conscience but it's hard to hear the guidance of a loving God when we are being unloving and disrespectful. When a service decision supported by many and challenged by a few, our service boards and committees should always treat such input with great respect and consideration. The information and insight from a few may save us from dangerous mistakes while offering undreamt horizons of service where we might fulfill our primary purpose more effectively.

Today, let's be reminded that when discussing our service issues and decisions as the BASC (Baltimore Area Service Committee), that while our ideas and positions may be great and worth considering, so are our fellow members ideas and positions. While we show our courage to speak our mind let's be courteous and respectful to one another.

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## ACTIVITIES

- **Saturday 04/14/18** – Attended the (On- month) Regional meeting held @ FSRSC 217 N. Warwick Ave.
  - ✓ Primary discussions were monthly RD's report (Regional Delegate) noting preparation for WSC (World Service Convention), Woodland Hills, California April 29<sup>th</sup> –May 5<sup>th</sup>. ~~Refer to attached Regional reports.~~ (RD, Phone Line and treasure's report)
- **Thursday 04/19/18**- Attended and helped facilitate the **BASC Executive Body meeting**. We meet @ FSRSC 217 N. Warwick Ave. every third Thursday of the month @ 5:30 pm.
  - ✓ Primary topic of discussion was challenges facing PR (Public Relations) sub-committee. Our PR Chair is a body of one Tony, and Pattie is no longer Acting Vice Chair. Tony has been faithfully showing- up at PR's sub-committee meeting with very little support, if any at all. Although Tony is presented with these challenges, he makes every effort to do his due diligence. Tony attends every regional on/off regional meeting for the purpose of being proactive in his responsibilities and duties and seeking information and knowledge from other regional area PR sub-committee members. Tony reached out to our former policy chair, Alexander and other experienced members who showed their support at last month's PR's sub-committee meeting, offering suggestions, and insight. **In the spirit of the Second Concept, "The final responsibility, and authority for NA services rests with the NA groups"... the groups have final authority over all its affairs of our service structure and by the same token, the groups also have the final responsibility for the support of all its activities.** We not only ask for the support of our GSR's (Group Service Representatives), but we also implore that you join a sub-committee.
- **Saturday 04/28/18**- Attended sub-committee meetings. All subcommittees meet on the 4<sup>th</sup> Saturday of every month beginning @ 10:00am sharp! @ FSRSC 217 N. Warwick Ave.
  - ✓ H&I primary discussion was emphasizing panel coordinator's responsibility to be informed on H&I policies/ guidelines and monthly facilities status report. Xzavier will be attending the Turk

# BASC Vice Chair 2018



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House to see if there are meeting being brought in. **Please see H&I report for more info.**

- ✓ Baltimore Area Special Events
  - ✓ "Why are we Here" Marathon and Dance 05/5/18
  - ✓ Discussion of June's event

**See Special Event's report for more details of May's event**

- Follow-up on "Strong Connection" Group

Patrice, group secretary, is only committing to Monday and Thursday's meetings and stepping in when needed. Meeting attendance has pick- up from 5-6 members to 10-15 members. Patrice has improved in her attitude with support from the Executive Body & group participation. Also, the group is planning to host a group marathon in September and ask for support from seasoned members to attend group conscience to assist with format & ideas for topics. Group conscience is the 2<sup>nd</sup> Tuesday (May 14<sup>th</sup>) of each month @ 5:00pm located @ St. Gregory's church 1542 N. Gilmore Street. → *Monday*

Sincerely;

*Randy S.*

443-908-1647

[rsmithxxis14@gmail.com](mailto:rsmithxxis14@gmail.com)



## Regional Delegate Report April 2018

Regional Delegate: Craig R

Alternate Regional Delegate: Trish C

Date: April 14, 2018

### Activities:

We have participated in two zoom meetings/webinars hosted by the World Board (WB), the Co-Facilitators and the Human Resource Panel (HRP) and received the Conference Report yesterday. The Annual Report which includes the audit report and financials will be handed out at the conference. The calls were intended to help prepare the delegates for the upcoming World Service Conference (WSC). The first meeting (over 200 in attendance) focused on providing an orientation of the WSC that included how decisions are made, a walkthrough of the week, the elections process and world service positions available. The following are the updates and highlights:

- As it relates to Motion 4 the board still has concerns about publishing an audio Fifth Edition Basic Text but has decided to make audio versions of the Basic Text available for free download from na.org. This will be an experiment like the PDFs of texts that were posted in years past and if unintended consequences occur, they might need to be taken down
- No updates on the inspection request from the South Florida Region. Even though most of the delegates that the board has heard from don't consider this a priority for discussion, the WB feels this is important and will facilitate a discussion at the WSC. They will recommend that a virtual work group be formed to review the FIPT operational rules and report back any recommended changes. In a follow-up email that I provided to you, there will also be a recommendation to amend Article V, Section 3 of the FIPT Operational Rules from, 'Conditions of Inspection-Any regional service committee or equivalent service body may inspect the records and operations of the Trust on behalf of the Beneficiary provided the following conditions are met' to 'Conditions of Inspection-The WSC may inspect the records and operations of the Trust on behalf of the Beneficiary, if it chooses to do so. The details of such an inspection would be decided by the WSC'. That recommendation is based on the rules revision section, Article VII, Section 1, that spells out that the operational rules may be revised by a 'yes' vote of two-thirds of the delegates, who speak for the beneficiary (the fellowship as a whole). Also, in over 15 CAR workshops, delegates were opposed to having one region independently speak for the fellowship and encumber human and financial resources at NAWs. The delegates will be asked if they agree to this change. Part of the discussion might include the fact that NAWs spends over \$40,000 annually for an independent auditor to verify their figures and practices and if this is not sufficient, then the WSC needs to tell the WB what is needed. The board has related they are not trying to affect the existing request or make a retroactive change to the rules but trying to determine what the conference would like to see the FIPT operational rules reflect in the future. Being that the conference only meets every two years, the rules as they currently stand leave open the possibility of

dealing with this type of request again and having to expend more resources on action not supported by the fellowship. It was reported that two additional letters have been sent to the region and that a tentative inspection has been scheduled for May, but this is still ongoing with more to be revealed at the WSC

- As it relates to Motion 25 that asks for authorization for the WB to investigate and pursue ways to include in WSC sessions those participants who cannot attend, the board will be asking the maker of the motion to change 'investigate' to 'change policy' so this can happen going forward
- CAR survey responses were due on April 7, but regions are still asked to send them in later if necessary
- There are nine WB positions, two HRP positions and one Co-Facilitator position available for election at the WSC. There are twelve nominees for the WB, four for the HRP and two for the Co-Fac. Trish and I will be reviewing the Candidate Profiles information provided to us to help us make our selections

The second webinar (over 100 in attendance) focused on providing tips for preparing for the WSC and best practices for the participants during the week (i.e. pack sweater, get plenty of rest). We were split into virtual small groups which also provided an opportunity to begin networking amongst the delegates and alternates.

Trish and I are asking for a vote of confidence from you today, via motion, authorizing us to vote at the WSC on motions/proposals not in the CAR and where the conscience of the region has not been given to us and for nominees to World Service positions, all the while using our best judgement and evaluating each vote in terms of the members/groups/areas we serve. I am also submitting a motion to add to the *RCM Report Form* a field to list 'Number of Groups'. This will aid the Delegate team when submitting a regional report to World Services.

#### Information:

- There will be a live, free audio stream of the speaker meetings the night before the WSC (Saturday April 28 10:30 PM EST) and ~~XXXXXXXXXXXXXXXXXXXX~~ 30:30 EST). ~~XXXXXXXXXXXXXXXXXXXX~~ <http://mixlr.com/newsstream2/>. Please pass this on to your members and I will ask Linda to post to our website as well.
- World Services engaged 15 phoneline volunteers to update Chapter Nine of the PR Handbook and the addenda. *Phoneline Basics* will be coming out soon

#### Upcoming Activities:

- April 19, 7 PM EST/ Public Relations Zoom Webinar (If anyone would like to join, contact [pr@na.org](mailto:pr@na.org) with your name, service position (if any), area and region. Invites will be sent out the day before with instructions on how to connect
- April 27-May 5/ World Service Conference

#### Financial Expenses/Income:

None





# F.S.R.C. PHONELINE MONTHLY REPORT



April 2018

I would first like to thank all R.C.M'S for allowing me to be of service. We have moved forward, addressing all questions and concerns. We have removed volunteers that where not answer calls and change some to other shifts. We have 82 shifts filled out of 91 Shifts. Feel free to contact me via email or phone

Weekly miss call reports have been sent out to the area chairs to help us reduce miss calls. On March 10<sup>th</sup> @10:00am we had conference in attendance where N.E.F.A, West side the meeting was helpful and we

The regional meeting for April is 4-14-18 @ 10:00am at the service center

| <u>February</u>         | <u>March</u>            |
|-------------------------|-------------------------|
| <u>Calls: 284</u>       | <u>Calls: 255</u>       |
| <u>Missed calls: 44</u> | <u>Missed calls: 34</u> |
| <u>Voicemails: 14</u>   | <u>Voicemails: 14</u>   |
| <u>PERCENTAGE: 11%</u>  | <u>PERCENTAGE: 8%</u>   |

## Shifts by area

Baltimore 10 shifts  
Bay Area 16 Shifts  
Delmarva 3 Shifts  
East of bay 7 Shifts  
N.E.F.A. 23 Shifts  
North West 7 shifts  
Susquehanna 14 Shifts  
Small wonder 1 Shifts  
Westside 7 shifts  
Opens Shifts 9

## Are's in attendance

\_\_\_ Baltimore  
\_\_\_ Bay Area  
\_\_\_ Delmarva  
\_\_\_ east of bay  
\_\_\_ N.E.F.A  
\_\_\_ North West  
\_\_\_ Susquehanna  
\_\_\_ Small wonder  
\_\_\_ Westside

Bob M.  
Regional phone line chair  
443-687-4121  
Naphoneline800317322@aol.com

## Freestate Regional Service Committee Treasurer's Report Cumulative Totals

|                            |    |          |
|----------------------------|----|----------|
| Regional Prudent Reserve:  | \$ | 2,650.00 |
| Phoneline Prudent Reserve: | \$ | 850.00   |
| Total Prudent Reserve:     | \$ | 3,500.00 |

| AREA            | DONATIONS  | PHONELINE | TOTAL           |
|-----------------|------------|-----------|-----------------|
| Baltimore       | \$422.13   | \$130.00  | \$552.13        |
| Bay             | \$2,257.00 | \$120.00  | \$2,377.00      |
| Delmarva        | \$583.22   | \$34.00   | \$617.22        |
| East of the Bay | \$683.78   | \$34.00   | \$717.78        |
| N.E. Freedom    | \$0.00     | \$0.00    | \$0.00          |
| Northwest       | \$20.75    | \$34.00   | \$54.75         |
| Ocean Gateway   | \$2,646.50 | \$51.00   | \$2,697.50      |
| Small Wonder    | \$0.00     | \$0.00    | \$0.00          |
| Susquehanna     | \$425.96   | \$50.00   | \$475.96        |
| Westside        | \$1,039.18 | \$165.00  | \$1,204.18      |
| Total           | \$8,078.52 | \$618.00  | \$8,696.52      |
|                 |            |           | Total Donations |

| DATE | CHECK # | PAYEE   | DESCRIPTION                             | AMOUNT      |
|------|---------|---|---|-------------|
|      |         |   |   |             |
|      |         |   |   |             |
|      |         |   |   |             |
|      |         |   |   |             |
|      |         |   |   |             |
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|      |         |   |   |             |
|      |         |   |   |             |
|      |         |   |   |             |
|      |         |   |   |             |
|      |         |   | Total Expenses                          | \$0.00      |
|      |         | Beginning Balance:  |   | \$12,124.17 |
|      |         | Area Donations +  |   | \$8,696.52  |
|      |         | Total   |   | \$20,820.69 |
|      |         | Total Expenses -  |   | \$0.00      |
|      |         | Balance   |   | \$20,820.69 |
|      |         | RDA Reserve Beginning Balance                                   |   |             |
|      |         |   | RDA Reserve Ending Balance (of \$1,500) | \$1,500.00  |
|      |         |   | Total Regional Ending Balance           | \$20,820.69 |
|      |         |   | Under Prudent Reserve                   | \$0.00      |
|      |         | Total Checking Balance = Regional Balance + RDA Reserve Balance |   | \$22,320.69 |



## **RCM REPORT**

### **BALTIMORE AREA**

- 1. I do not have a written report this Month, being that, I went to the Ocean City Convention. I do not have a Alternate as of yet. I do have a copie of the Regional Meeting, if anyone wish to look at it and return the report to me. I will read off what I think is PERTINENT from the Regional Meeting.**
- 2. I have the Regional Treasurer's report, The RD report, The RDA report.**

**THANKS FOR ALLOWING ME TO SERVE:**

**GREG B.**

# BASC Policy Sub-Committee



217 N. Warwick Avenue  
Baltimore, Md. 21223  
Phone: 410-566-4022  
Yorell C. - Chair  
Phone: 443-563-0343

**Saturday May 5, 2018**

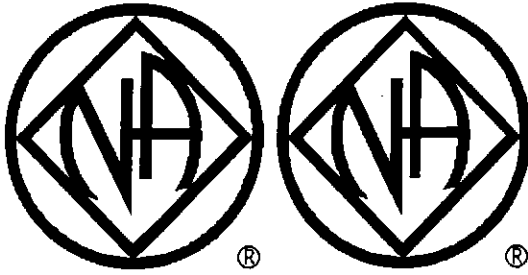
Greetings to all.....

Thank you for allowing me to service....

- The policy will be embarking on a huge task of entering all motions into the worksheet. The sub-committee is in need of trusted servants to fulfill this task and fill all open positions within the sub-committee. The sub-committee has the potential to operate as other existing sub-committees.
- The Policy Committee meets the 4<sup>th</sup> Saturday of every month at the service center at 10:00 am.

Sincerely;

*Yorell C.*



® Baltimore Area Service Committee of N.A.  
Hospitals and Institutions Subcommittee  
217 N. Warwick Avenue  
Baltimore, MD. 21223

**5/5/2018**

**Chair - Zavia B.**  
**Vice Chair – vacant**  
**Secretary- Carolyn S.**  
**Alt. Secretary- Charvette B.**  
**Literature Coordinator – Charles**

**OPEN WITH THE SERENITY PRAYER Zavia**  
**READING OF THE TWELVE TRADITIONS Charvette B.**  
**READING OF THE TWELVE CONCEPTS Randy**  
**READING OF THE DOs AND DON'TS Dray**  
**COUNT OF COORDINATORS 4 Coordinators & 0 Alternative**  
**Attendance: , Robert, Dave, Randy, & Charvette**

**EXPLANATION OF THE FIRST ROLL CALL:** a description of each facility will be given, with a note as to whether or not any service opening(s) exist there. If you are here to take on a commitment, please pay attention to the day and time of meeting(s) and the proximity to you and how it will fit within your schedule, and so forth. Hold comments or questions, though, until second roll call, PLEASE. (Follow through, as an interested PL, even if the Coordinator is not here today; call him/her later. Please take information back to fellow recovering addicts in the Baltimore Area and your home group. Grab extra agendas so you can discuss the facilities).

**LITERATURE REPORT : Absent**

**SECOND ROLL CALL:** interested Panel Leaders are voted in.

**\*\*\*\*\* An additional count of Coordinators /Alternatives may be made before old business is received.**

**NS: No Show Coordinator or Alternative not present**  
**AW: All is well**  
**PS: Coordinator or Alternative was present to submit a report**  
**CA: Call In**

**GAUDENZIA**  
4615 Park Heights Avenue  
Baltimore, Md. 21215  
Contact Person: Darien: 443-925-6544

**(TREATMENT LONG TERM FEMALE)**  
Thurs. 6:00-7:00 pm

Panel Coordinator: Natasha 202-560-6866  
Alter. Coordinator: Carolyn S. 443-413-4444  
Panel Leaders Jean C. 1st Thursday and Nana 703-399-0946 2nd Thursday. All is well  
PS:

**GAUDENZIA**

4615 Park Heights Ave.  
Baltimore, MD 21215  
Contact Person: Darien: 443-925-6544  
Coordinator: Charvette B. 443-929-0467  
Alter. Coordinator: David: 443-704-4910  
Panel Leader Charles 1st Fridays.  
PS: All is well.

**MALE/FEMALE (28 DAY Treatment-Facility)**  
Fridays 7:30 pm – 8:30 pm

**GAUDENZIA/Woodland**

**(Male Long Term Treatment) Wed. AND NO Fri. 7-8 pm**

3643 Woodland Avenue  
Contact Person: Gerge: 443-945-2080  
Panel Coordinator: Tony T. 443-904-012  
Alter Coordinator: Vacant  
Panel Leaders Derrick J 443-248-1183 4th Wed. & 4th Sat., Kevin F. 443-468-6127 1st Wed., and Tony T. 3rd Wed. 2nd Wed Anthony, 443-221-3867 Glen 4th Friday & 2nd Friday 443-851-0328  
CA: all Fridays are open. All else is well. No Lit

**JOHNS HOPKINS BAYVIEW CAP PROGRAM**

**PREGNANT WOMEN (Drug Maintenance Program)**

4900 Eastern Avenue  
Mason F. Lord Bldg 4<sup>th</sup> Floor  
Baltimore, MD 21224  
Contact Person: Angel 410-550-3025 or Diane  
Panel Coord: Randy 443-908-1647  
Alt. Coord: Open

Sundays 6-7:00 pm

PS: Facility has been canceling all month, lack of staff, Randy is contacting the facility to get answers from them..

**JOHNS HOPKINS BAYVIEW DETOX: MALE & FEMALE Tue. 8 pm, Fri. 8 pm, & Sun. 2**

4900 Eastern Avenue  
Baltimore, MD 21224  
Contact Person: Katherine 410- 550-0466  
Panel Coord: Dave 443-762-2567  
Alt. Coord: Open

PS: 4th & 3rd Tues are in need of help. All is not going well.

**TUERKE HOUSE**

**MALE & FEMALE TREATMENT PROGRAM**

730 Ashburton Avenue  
Baltimore, MD 2121E6  
Contact Person: Sheron (410) 233-0684 ext. 128 or x119 240-329-6522  
Panel Coord: Alice T. 443-850-2449  
Alt. Coord: Vacant  
Panel Leader: Marvin 443-463-5856.  
NS: No report on this meeting.

Tue. 7-8 PM & Thurs. 7-8 pm Sat. 7-8pm

**UNIVERSITY OF MD.**

**MIDTOWN CAMPUS (Psychiatric) SATURDAY 6PM -7PM**

827 Linden Avenue  
Contact Person: Cynthia Holden 410-805-5193  
Coord: Robert 410-262-4395 Alter Coord: VACANT  
2<sup>nd</sup> Saturday Allesia. 3rd Sat. Vanessa B. 443-410-2285 Brad 443-904-2789 has the 4<sup>th</sup> Saturday 1st Saturday is Robert  
CA: Allesia is working so Robert is in need of help 1st Saturday.

**\*CHESAPEAKE DETENTION FACILITY \***

**Pre-trial Federal Detainees for Male Saturday 7-8 pm**

401 EAST MADISON STREET  
BALTIMORE, MD. 21202  
Contact Person: Marcel Martin: 410-625-5219

**Panel Coordinator:**

**Alt. Coordinator: Alex: 443-467-9316**

Alexander has been in touch and work out a solution and we will be coming back in to both detention centers. Patty has been in touch with the warden and has a report about trying to iron out the wrinkles that exist. The Detention Facilities are on hold.

**\*CHESAPEAKE DETENTION FACILITY\* (FEMALES) Pre-trial Federal Detainees for Females Saturday 10am -11 am**

**401 EAST MADISON STREET**

**BALTIMORE, MD. 21202**

**SAME AS THE MALE**

**Contact Person: Marcel Martin: 410-625-5219**

**Coordinator: VACANT**

**Alternative Coordinator: CYNTHIA: 410-419-7391**

**Old BUSINESS:** I spoke with Sonny 443-768-3441 about Brockbridge Correctional Facility and informed him we can get started he has to contact the facility and get back with me with a date and time they also want another H&I and the facility across the road and we will also contact policy and meet and introduce ourselves and start this meeting on it's way soon. Charvette was voted in as Vice Secretary, we also have an issue with appropriate clothing with a panel leader, it is being addressed. Tueke House is in need of extra help meeting is too large and has a overflow so two speakers are needed and the same time.

**VACANCIES must BE FILL for THE COMMITTEE TO OPERATE PROPERLY.**

**New BUSINESS: -**

Our Coordinator Carolyn stepped down to alt. and Natasha was voted in as coordinator for Gaudenzia long term female. Charvette has a concern about staff and she's looking into it, Gaudenzia m/f 28day. Glen is willing to do Friday's at woodland i have to meet new contact person to start. Vernon has stepped down due to health and Dave has stepped up. There are some concerns at jonh' hopkin detox and we came up with a solution to start the process. Tuerke house has to be looked into by me, no info coming from there. We have heard that the correctional facilities may have a breath of fresh air, Carolyn is going to look into them with Tony our PR Chair.

**Please consider serving on the Baltimore H&I subcommittee OR any other committees under the Baltimore Area. .**

**In Loving Service  
Zavia B. Chair. H & I  
301-675-5827**

**Next Monthly Business Meeting will be held on the fourth Saturday @ 12:30pm**

**\* Clean time requirements: Panel Cord – 1 yr. Alt. Cord. – 6 Months**

**Panel Leader (PL) –90 days**

**Make announcements in meetings, please, about H&I's next meeting here!**

**Our gratitude speaks when we care and when we share...the NA way**



#### **BASCNA MEETING**

*Baltimore Area Service Committee of Narcotics Anonymous*  
*Free State Regional Service Center*  
217 N. Warwick Avenue  
Baltimore, Md. 21223

Phone: 410-566-4022

Hotline: 1-800-317-3222

**Stephanie G. – Chair**

**Randy S. – Vice Chair**

**Nicole H. - Secretary**

**Saturday, May 05, 2018**



#### **Public Relations Report**

Greetings Narcotics Anonymous Family,

I (Antonio S. Public Relations Chair) received some information from the RCM Greg B. to contact Ms. Kristen M. Boston who is the representative of a substance abuse program at the Tuerk House inquiring about some literature. So, I reached out and contacted Ms. Boston to provide her with some literature on Monday April 09, 2018 and issued an order form to obtain some literature if needed. Also informed her that she can order the literature off the narcotic anonymous website or from the Service Center, throughout communicating with Ms. Boston I was in contact with the Vice Chair Randy S. On April 7, 2018 I (Antonio S. PR Chair) set up a table at the Baltimore Special Event Marathon. On Thursday April 12, 2018 myself and Milton W. arrived at 1212 East 25<sup>th</sup> Street to meet with The GSR Irvin M. To verify the location of the new meeting named "My house is your house." On April 14, 2018 I attended the regional meeting along with other PR Chair such Stacie W. (Dover), Emily C. (Catonsville), Jamie K. (Northeast Freedom) and Craig (Annapolis). I also made a display information public relations board, as you can see I am a team of one committee, this committee need support. We meet on the fourth Saturday of the month at 10am. On April 28, 2018 at the public relation subcommittee meeting I had two members joined the committee Alexander and Lawrence, we were discussing ways on how to reach the public more will be revealed. We reached out to Ms. Susan of WJZ tv to find some information on the tapping they are having on May 8, 2018 about the opioids epidemic, Myself and Alexander will be attending for information purpose only. We also emailed her some information about the history and primary purpose of Narcotic Anonymous.

Respectfully Submitted,

Chair: **Antonio S.** 443-630-4530



**Baltimore Area Narcotics Anonymous  
BACNA Liaison Report  
05/05/18**

Greetings and salutations to the Baltimore Area GSR assembly

There are 47 days left before the start of the 2018 edition of the Baltimore Area convention, BACNA XIII. The various convention committees are now in the process of making sure dotting all I's and crossing all T's ensuring this convention will be the best it can be. In this process of winding down to the convention there is a sense of dread as to whether despite all has been done and all the positive wishful thinking, that still all will be well.

Still thinking positively but realistically there are less than 400 registrants at this late date from an Area of thousands of addicts. This is a poor showing of participation for our Area's convention that happens every two years. The various convention committees have worked hard to provide NA influenced programs and entertainment activities throughout this period leading up to this convention. Continuing the examples of poor participation of this convention there have committees of one person (Convention Information/Arts & Graphics) that only got 5 entries for the Convention Theme and 1 entry for the Convention's Logo. Other committees also showed extreme perseverance with the Registration Committee having a representative at almost all Area NA marathons and anniversaries. An undermanned Fund Raising & Entertainment Committee provided a well-received Sponsor/Sponsee Brunch and some Speaker Jams. Hotels and Hospitality, Merchandise and Programming Committees are others that have operated at a high level with less.

This is not a report of doom and gloom, but one of information to the GSR assembly. There is still time to be of service. The Hotel and Hospitality committee needs Huggers and Serenity Keepers. The Programming committee will need secretaries for the convention workshops. There will be an instructional workshop scheduled. All participants will still need to be registered, so register as soon as possible. Today is not too soon.

Dedicated to Service,

Thomas C.  
443-835-0592



# Web Servant Report

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May 5, 2018



Good afternoon family, I really don't have anything new to report at this time, but here's an update on my department, my Web-servant Alt Shawn S, is still recovering from knee surgery and we haven't had a chance to get together and see what if any improvements we might make to the website. In the near future with the help of the members of NA, the assistance of the Executive Board, Shawn and I will have our website up to date and informative.

As I say at each report don't hesitate to contact me or Shawn with your ideas and comments for improvement. Web-servant, and web-servant alt, phone #'s also website address will be listed on each monthly report from this point on.

We keep what we have only by giving it away.

Thanks for allowing me to serve

Franklin G. 443-803-881

Shawn S. 443-929-1496

Baltimore Area Narcotics Anonymous / Hot line 1-800-317-3222

Web address: [www.baltoareana.org](http://www.baltoareana.org)

# BASCNA MEETING



Baltimore Area Service Committee of Narcotics Anonymous  
Free State Regional Service Center  
217 N. Warwick Avenue  
Baltimore, Md. 21223



Phone: 410-566-4022

Hotline: 1-800-317-3222

Stephanie G. – Chair

Randy S. – Vice Chair

Nicole H. - Secretary

Saturday, May 5, 2018

Baltimore Area of (NA) Literature Committee  
(BAONALC)

Literature Chair: Curtiss C. 443-602-1753

Literature Vice Chair Milton W.

Committee Members Kim H & James A

Greetings all,

I apologize for not being able to attend this month's area meeting. I will be out of town. April 14, 2018 Milton and I attended the regional literature meeting. The Literature committee met on Tuesday April 17, 2018. We meet every 3<sup>rd</sup> Tuesday from 4:30-5:30 pm. There were several meeting changes and closings since the last area meeting. Please continue to let us know of any meeting changes and/or updates.

Please try to encourage members to get involved with the "TOGETHER WE CAN" newsletter. The question for the month is (Since recovery is an active change in ideas and attitudes what have you done to change in these areas?) We can use some new reader writes and answers to the question of the month. If you have any poems or inserts related to recovery and would like for it to be put in the newsletter let Milton or I know. Please be advised that you will be asked to sign a release form for ALL entries.

Submitted by

*Curtiss C.*

Literature Chair

Thank you!

*3rd Tuesday Committee Mtgs.  
4:30 pm Literature  
5:30pm Newsletter.*

**BALTIMORE AREA  
HOSPITALS & INSTITUTIONS COMMITTEE**



**WE NEED YOU!!!**

*"To plant the seed of recovery"*

H&I is an important service in our public relations efforts in NA. Addicts who are seeking recovery need to know who we are and where to find our meetings; this means our efforts have been successful. "That no addict seeking recovery need ever die" ... We are grateful for the support of the recovering addict in the Baltimore Area furthering our primary purpose, carrying the life-saving message to still suffering addicts. Save a life with a commitment. Get involved with H&I.

**When: Every 4th Saturday of each month**

**Time: 12:30 pm**

**Where: Free State Regional Service Center**

**217 N. Warwick Ave., Baltimore, MD 21223**



A New NA Group to the Baltimore Area

**“A Change”**

**Group of NA**

**We Need Your Support!**

**Every Saturday**

**3:00 - 4:00 p.m.**

**Greater Faith Baptist Church**

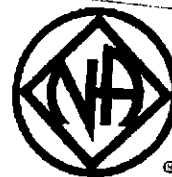
**3000 Huntingdon Avenue**

**Baltimore, MD 21211**



**All Are Welcome!**





**GIVE ME A BREAK  
MINI-MARATHON  
1307 WASHINGTON BLVD  
BALTIMORE, MD**

**MAY19th, 2018  
12:00 Noon TO 7:00 PM**

**12:00 COMPLACENCY  
1:00 THE GIFT  
2:00 TRADITION 5  
3:00 WALKING THE WALK  
4:00 RELATIONSHIP NOT  
BATTLESHIP  
5:00 SPIRITUAL AWAKENING  
6:00 TBA**

**FOOD ON SALE**





BIND US TOGETHER • THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER

# Baltimore Area Special Events

proudly presents

## *"Relationships"* **MARATHON!**

### **Comedy Show** & **Dance!**

**SATURDAY, JUNE 2, 2018**

MARATHON: 12:00 noon - 7:00 pm

COMEDY: 7:00 - 8:00 pm DANCE: 8:00 pm - 12:00 mid.

**Comedy Show & Dance: \$10.00**

at the **Arena Players, Inc.**

801 McCulloh Street • Baltimore, MD 21201

(Bus line - Lime or 54)

*Dj - Dancing - Fun - Fellowship*

*Food and Refreshments On Sale*

**NO CHILDREN ALLOWED AT DANCE — NO VENDORS**

For Further Info Contact:

Larry T., Chair - 410-500-0266

Cassie W., Vice Chair - 443-707-5178

If you do not see the  symbol; it is not a  event!!



BIND US TOGETHER • THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER



THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER • THE TIES THAT BIND US TOGETHER





... Committee of Narcotics Anonymous  
needs your participation.

... meet the 1<sup>st</sup> Saturday of every month from 11am - 3pm  
at the FSRSC 217 N. Warwick Ave.

You can easily join a **Sub-Committee** by attending a Committee meeting as an observer, then decide where your skills and talents could be of service. *(No Clean Time Requirement, Just a desire to serve).*

---

The following **Sub-Committees** all meet at the FSRSC 217 N. Warwick Ave., on the 4th Saturday of every month.

- **Public Relations & Policy** Committees meet at 10:00am.
- **Special Events** Committee meets at 11:00am at the FSRSC.
  - as well as 2<sup>nd</sup> Sunday at 5:00pm @ Village Baptist Church, 100 S. Hilton St.
- **Hot Line** Committee meets at noon at the FSRSC.
- **Hospitals & Institutions** Committee meets at 12:30pm.
  
- ❖ **Literature Committee** meets 3<sup>rd</sup> Tuesday at 4:30pm.
- ❖ **Area Executive Body** meets the 3<sup>rd</sup> Thursday at 5:30pm.

Visit our website at [www.Baltoareana.org](http://www.Baltoareana.org)







BALTIMORE AREA CONVENTION OF NARCOTICS ANONYMOUS



# **BACNA XIII**

*June 22 - 24, 2018*

Delta Hotels by Marriott - Hunt Valley, MD

*Gratitude in Action:  
An Engine for Change*

**Call for:  
Workshop Secretaries**

**\* CLEANTIME REQUIREMENT - 1 YEAR \***  
**All Secretaries Must Be Registered for the Convention.**

If Interested, Please Contact Programming Subcommittee  
By May 19, 2018.

**PROGRAMMING SUBCOMMITTEE:**  
**ROGER J. (CHAIR) 609-638-1514**  
**CHERIE K. (VICE CHAIR) 202-365-7298**  
**KIA B. (SECRETARY) 410-921-5058**

For Additional Information - check the Convention's website:

**[www.bacnaconvention.org](http://www.bacnaconvention.org)**





# TOGETHER WE CAN

N.A. GROUPS OF THE FREE STATE REGION NEWSLETTER

217 N. Warwick Avenue • Baltimore, Maryland 21223

**Regional Hot-Line: 1-800-317-3222**

TOGETHER WE CAN

MAY 2018

## Thought for the Month

*"Recovery is also a gift, and we have to care for it  
if we want to keep it"*

*(Just for Today, September 22)*

## Anniversaries

### 3 MONTHS

### 6 MONTHS

### 9 MONTHS

The following members will be celebrating **ONE YEAR ANNIVERSARIES**. We feel that you are all miracles and powers of example that this program **WORKS!!!**

#### *Celebrating at*

|              |          |                                  |
|--------------|----------|----------------------------------|
| JOHN B.      | May 4    | Phoenix Rising on May 4          |
| LARRY H.     | June 17  | Just Do It on July 7             |
| ROXANNA      |          | Best Thing Going on May 25       |
| ALLEN M.     |          | No More Excuses on April 6       |
| DAWN K.      | May 26   | The 3rd Tradition on May 31      |
| ELIZABETH C. | May 17   | Hope & Humility on May 18        |
| KIM S.       | June 9   | Hope & Humility on June 15       |
| JUNIOUS      | May 8    | Stepping Into Recovery on May 8  |
| GREG M.      | May 17   | Recovery at the Center on May 25 |
| WILLIS       |          | Living Life A New Way on June 23 |
| STEVE B.     | April 24 | Take A Chance on April 24        |

### THREE YEARS

|        |         |                              |
|--------|---------|------------------------------|
| GUY J. |         | Visions of Hope on June 8    |
| RAY D. | June 27 | Ride With the Tide on July 3 |
| RON C. |         | There is a Need on May 2     |

### FOUR YEARS

|            |         |                               |
|------------|---------|-------------------------------|
| KRISTIN E. | June 15 | Free Spirits on June 21       |
| YOSF       | July 10 | Ride With the Tide on July 10 |
| DREW P.    |         | Cleaning Up on April 30       |

### FIVE YEARS

|          |        |                                |
|----------|--------|--------------------------------|
| MARLO A. |        | Blast of Recovery on June 5    |
| KIM B.   | June 5 | Nature of Recovery on June 5   |
| CHRIS R. |        | Restored to Sanity on April 26 |

### EIGHT YEARS

|       |  |                                  |
|-------|--|----------------------------------|
| TOSHA |  | Recovery at the Center on May 18 |
|-------|--|----------------------------------|

*We at "Together We Can"  
newsletter need to inform all  
potential members submitting  
literature for our newsletter,  
that a release form is required.*

*(Release form on back page)*

#### *Editors for the May issue of "Together We Can"*

Curtis C. - Baltimore  
James A. - Baltimore  
Jimmy B. - Baltimore  
Kim H. - Baltimore  
Milton W. - Baltimore

# Anniversaries

## NINE YEARS

ANTHONY P.  
DANENE E.

*Celebrating at*

Visions of Hope on May 18  
Blast of Recovery on April 13

## TEN YEARS

TRACI F. June 5

The 3rd Tradition on June 7

## THIRTEEN YEARS

RAYMOND M.  
RACHEL P. June 4

Visions of Hope on May 11  
Strength in Sisters on June 10

## FOURTEEN YEARS

RUSSELL W. June 21  
OZ May 28  
LAFAYETTE

Free Spirits on June 21  
S.T.A.R. Group on June 4  
No More Excuses on April 28

## FIFTEEN YEARS

WALLY

Living Life A New Way on May 12

## SIXTEEN YEARS

ANDRE B.  
CHRIS F. July 14

Visions of Hope on June 15  
The Ties That Bind on July 18

## SEVENTEEN YEARS

KEVIN  
PAT B. May 15  
SUSAN B. June 18

Recovery at the Center on April 20  
Nature of Recovery on May 15  
Hope & Humility on June 22

## NINETEEN YEARS

MICHAEL K. May 15

Just Do It on May 19

## TWENTY YEARS

PEGGY S. June 26  
LEONARD W.

Hope Without Dope on July 7  
Blast of Recovery on June 8

## TWENTY-ONE YEARS

BILLY

Living Life A New Way on May 14

## TWENTY-TWO YEARS

PHYL P.

No More Excuses on April 21

## TWENTY-THREE YEARS

CHRIS E. May 9

S.T.A.R. Group on May 14

## TWENTY-FIVE YEARS

DORIS

Recovery at the Center on April 20

## TWENTY-SIX YEARS

MARK M.

Recovery at the Center on May 4



### ATTENTION: READERS We need your anniversaries ON TIME!

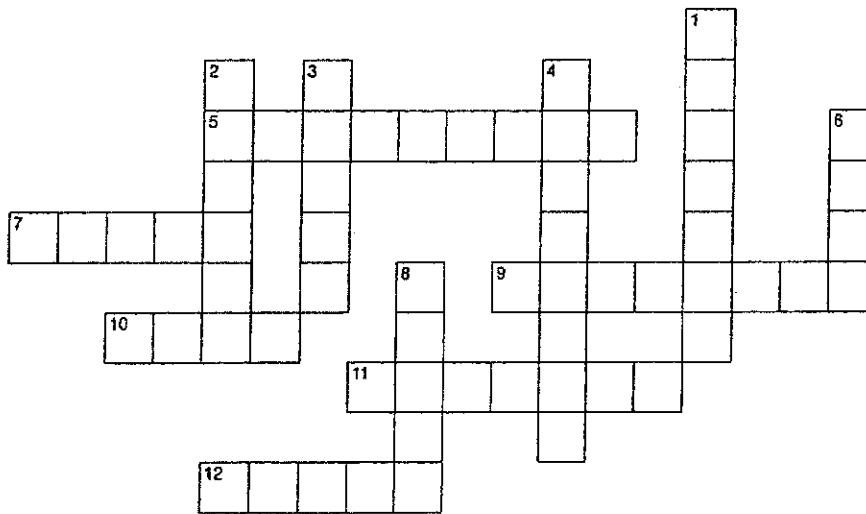
Here are some options:

- Call your Area Lit. Chair
- Fax your anniversary to 410-362-8505
- Email to barsc@verizon.net
- Drop off at the Service Center

All these must be done one month prior to your anniversary.

# N.A. Readers Write

## Step 4 Crossword Puzzle



### ACROSS

- 5 to raise the white flag  
 7 excessive admiration of the personal self  
 9 over-indulgence and overconsumption to the point of waste  
 10 carnal and intense desire  
 11 \_\_\_\_\_, open-mindedness and willingness  
 12 uncontrolled feelings of hatred and anger

### DOWN

- 1 outdated survival skills (character \_\_\_\_\_)  
 2 opposite of defects  
 3 excessive or rapacious desire and pursuit of material possessions.  
 4 a searching and \_\_\_\_\_ moral inventory  
 6 discontent towards someone's traits, status, abilities, or rewards  
 8 physical or spiritual laziness

## Moving On

*When I first arrived in the rooms,  
 I was lost and confused.  
 I felt as though I had just  
 been used.*

*Not even to think I can  
 learn anything.*

*Or even believe I could begin  
 recovering.*

*What was this thing they called  
 a disease,*

*Why did it happen to me  
 and not seize.*

*Why did it steal all my worldly  
 possessions.*

*Just to destroy me with such a  
 progression.*

*Now I'm beginning to see the  
 real truth,*

*It began in the start of my  
 very youth.*

*Not the past loss or the  
 incomplete goals,*

*I finally found the soul of souls.*

*They say keep it simple and  
 walk the walk.*

*Do more listening and a lot less  
 talk.*

*What keeps me going is this  
 simple thing.*

*It's what is said most and  
 that's do the damn thing.*

Sophia R.

## Do You Need Narcotics Anonymous?

You do if you are an addict?

Are you an addict?

Ask yourself these questions. Answer them as honestly as you can.

1. Do you loose time from work due to "using"?
2. Is "using" making your home life unhappy?
3. Do you "fix" because you are shy with other people?
4. Is "using" affecting your reputation?
5. Have you ever felt remorse after "fixing"?
6. Have you ever gotten into financial difficulties as a result of "using"?
7. Do you turn to lower companions and an interior environment when "using"?
8. Does your "using" make you careless of your family's welfare?
9. Has your ambition decreased since "using"?
10. Do you crave a "fix" at a definite time daily?
11. Do you want a "fix" the next morning?

[Reprinted from the original 1953 NA pamphlet]

## Letting Go

Letting go is one of the most difficult challenges human beings ever face. I've always pictured letting go as transformation—moving from a closed fist to an open hand. As we take an open-handed attitude toward life we can be free of the self-made obstructions that litter our path. This process requires a willingness to shed our persona—those unauthentic trappings we hold onto for identity but that no longer serve us. The choice to let go frees us to follow the pathway to our soul.

Benjamin

[Reprinted from "Inside Connection"  
 March 2006]

## "Sound Off"

Every month we will ask a question for you to answer in the next issue.

The question for May is:  
**What does anonymity mean to you and how do you practice it?**

My concept of anonymity means no name or namelessness or unknown. Stay anonymous - keep it on the down low! I will practice it to the best of my ability.

James A.

Anonymity means to be part of Narcotics Anonymous, but being confidential about my membership. Although I am a recovering addict, it is important for me to maintain my anonymity because of my status in society. Unfortunately some people still believe that once an addict always an addict. When I see members outside an NA meeting, I also have to maintain their confidentiality too. It's nothing wrong with greeting a fellow member, but we have to be careful how we greet them around others that don't know your connection. Also it is not good to discuss members to those who are not members of NA because that too is breaking others anonymity.

Maxie F.

Anonymity means to me without a name or nameless. So I don't need or want credit for helping others. It also means that I don't have to carry my anonymity as secret, so I'm free to be me. How I practice it, I mind my business and respect others.

Kim H.

Anonymity to me means that I should be able to share freely without the fear of what I share coming back to haunt me.

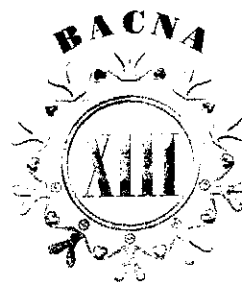
Curtis C.

The question for June is:  
**Since recovery is an active change in ideas and attitudes, what have you done to change in these areas?**

PLEASE FEEL FREE TO EMAIL OR FAX IN YOUR RESPONSES TO THE QUESTION OF THE MONTH

Email: barsc@verizon.net Fax: 410-362-8505

My Higher Power put me  
on earth to accomplish a  
certain number of things.  
Right now I am so far  
behind I will never die.



## Gratitude in Action: An Engine for Change

JUNE 22-24, 2018

Delta Hotels by Marriott Hunt Valley

245 Shawan Road • Hunt Valley, MD 21031

[www.bacnaconvention.org](http://www.bacnaconvention.org)

For online registration visit:

<http://www.bacnaconvention.org>

or mail form with payment to:

**BACNA XIII**

P.O. Box 2082

Baltimore, MD 21203

Please print

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone (1): \_\_\_\_\_

Phone (2): \_\_\_\_\_

Email: \_\_\_\_\_

Additional needs: \_\_\_\_\_

[Please circle]

Registration ..... \$30.00

Friday Night Dance ..... FREE \$5.00\*

\*(Prior to onsite registration)

Saturday Play & Meal "Luther" (A musical  
about the life of Luther Vandross) ..... \$27.00

Saturday Night Dance ..... \$ 5.00

Donation \$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

## Anniversaries.

### TWENTY-SEVEN YEARS

LOU H.

Celebrating at

Recovery at the Center  
on April 27

### TWENTY-EIGHT YEARS

JOHN P.

April 21

Hope In Hampstead on  
May 1

### TWENTY-NINE YEARS

JENN T.

July 22

Sisters of Serenity on  
July 23

### THIRTY TWO YEARS

LYNN J.

Celebrating at

No More Excuses on  
April 13

### THIRTY-FOUR YEARS

DAVID D.

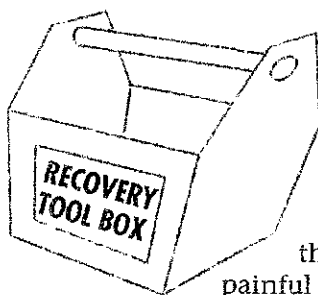
May 19

Serenity At Seven on  
May 24

### THIRTY-FIVE YEARS

RUTH R.

May 29

There Is A Need  
on May 30

Caring for our spiritual condition is like cleaning the house: If we want the benefit, the work must be ongoing. The better we do at keeping up with the daily routines, the less painful the big cleaning is when it comes, and the less often we have to undertake a major overhaul.

*Taken from Living Clean*

*Please submit items from your "Recovery Tool Box"*

## WANTED!

**DESCRIPTION:** Art, poems, cartoons, short stories, articles, ideas, comments, anniversaries, gratitude lists, etc. by recovering addicts.

**SALARY:** If what you have to say touches even one addict, your reward will be immeasurable!

**PS** We at "Together We Can" must have a release form for any original Reader's Writes.

### SEND YOUR INPUT TO:

TOGETHER WE CAN  
217 N. Warwick Avenue  
Baltimore, MD 21223  
Fax: 410-362-8505  
E-mail: barsc@verizon.net



Acronym of the Month

P R I D E

P EOPLE

R EFUSING

I NFORMATION

D ESPITE

E VIDENCE

## N.A. HISTORY

### Narcotics Anonymous is Born in Southern California

In February 1950, Jimmy K found his way into the rooms of AA in North Hollywood, California. By this point in his life, he was unable to work or do anything except use pills and drink. But he was ready for something different. He had difficulty with his hearing and did not understand much of what was going on in the meetings, but he "kept coming back."

*Miracles Happen*

# N.A. Readers Write

## Surrendered

Struggle 'til my very bones ache  
Crying out, no more can I take  
Shaking on yet bended knee  
Begging God, "Please set me free!"

You lent a hand and gave Your heart  
And said, "Now you must do your part  
You have a hold, now let it be  
And always, always trust in Me."

I put my life into Your hands  
The dreamwork of my plans  
And tear-stained hopes I held so tight  
I gave to You, my God of Light.

Upon me fell your loving hand  
"Arise and you shall stand  
Shake off the dust and lift your head  
And trust in Me." You always said.

And though I stand on shaking ground  
Of pain I am not bound  
I hold you close within my sight  
Surrendered to my God of Light.

Annie E.

## Change

Change is sometimes difficult  
yet is stimulating

Change is sometimes fearful  
yet is accepted

Change is sometimes spontaneous  
yet is inevitable

Change is sometimes temporary  
yet is permanent

Change is sometimes unknown  
yet is received

Change is beautiful and refreshing  
just watch and see

The sum of all these "yets" is me.

Kimberly W.

[Reprinted from "The Heartbeat" Sept. 2009]

The following articles are the opinions of the writers, and do not represent the opinion of this committee or the fellowship as a whole. We have given permission to all other Service Boards and Committees of the Fellowship of Narcotics Anonymous to reprint any material appearing in this publication.

## This Could Be the Day

This could be the day  
When God sends  
Someone this way  
Someone who is about to die  
Someone who can only cry  
I never know when it will be  
So I just go to meetings to see  
I am responsible to stick out my  
hand, lend an ear to understand  
To some troubled soul  
Someone who is not whole  
I never know when God will use me  
I will just show up and see  
I just love recovery.

Daniel M.

[Reprinted from "Inside Connection" April 2006]

## THE ROOM

She walked through a doorway and into the room. Someone was speaking but she did not hear.

She was afraid and so she left.

Lonely and tired, confused and in pain, she had nowhere left to go. So she returned.

She walked through the doorway and into the room.

A man standing tall and very brave spoke of other times, of painful memories, of things he could not change. It made her sad, and so she left.

Voices somewhere said "come back again, back to the room with the walls covered in memories, painted in love.

The room he created just for you. To heal; to learn, to grow". So she returned.

Time and again as she entered the room she began to feel stronger. She was not so afraid, she began to feel love.

She would see him standing in this room filled with laughter, with joy, with tears and with hope.

This man who created the room just for her.

She does not know how to thank him and so she waits ...

Until a time when the man is no longer here and when she is gone too.

She knows that someday, somewhere she will pass through a doorway and into the room of some cosmic coffee shop.

And there he will be. With a cup of coffee he did not make, in the room someone else created just for him ...

Then she can say, "Thank you for sharing your dream."

—We All Love You ... Anonymous

[Reprinted from "Inside Connection", July 2010]

## Step Five

[Excerpt from, "Basic Text"]

*"We admitted to God, to ourselves, and to another human being the exact nature of our wrongs."*

Our Higher Power will be with us during our Fifth Step. We will receive help and be free to face ourselves and another human being. It seemed unnecessary to admit the exact nature of our wrongs to our Higher Power. "God already knows that stuff," we rationalized. Although He already knows, the admission must come from our own lips to be truly effective. Step Five is not simply a reading of Step Four.

## Tradition Five

[Excerpt from, "It Works How and Why"]

*"Each group has but one primary purpose—to carry the message to the addict who still suffers."*

Many meetings are structured to carry the message to our newest members. These new members often need more encouragement to stay, more answers to their questions, more of our love and care. But the newest members are not the only addicts who need the message of recovery. The still-suffering addict with whom we share our hope may be anyone of us, regardless of clean time. Tradition Five is not limited to helping newcomers. The message of recovery is for all of us.

## FREE STATE REGION

## MAY 2018

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |
|---|--|--|--|--|--|--|
|   |  | <b>1</b><br>East of the Bay Lit.<br>6:00 pm<br>Wye Mills Church<br>Bay Area ASC - 7:30 pm<br>Marley UMC<br>30 Marley Neck Road<br>Northwest ASC<br>7:30 pm - Mt. Zion<br>East of the Bay ASC<br>7 pm - Wye Mills Church<br>NEFA H&I<br>7 pm - Belair & Moravia | <b>2</b>   | <b>3</b>   | <b>4</b><br>Delmarva Phoneline<br>6:30 pm - Conley's UMC | <b>5</b><br>Baltimore ASC<br>Exec. Board - 9:30 am<br>New GSRs & Alternates -<br>10:30 am<br>Area Mtg. - 11:00 am<br>Service Center<br>217 N. Warwick Ave.   |
| <b>6</b>  | <b>7</b><br>Westside Literature<br>7 pm - Highland & Euclid<br>Westside ASC - 7:15 pm<br>Highland & Euclid Ave.          | <b>8</b><br>Westside Special Events<br>7 pm - 1805 Wicks Ave.<br><br>Northwest Special Events<br>6pm<br>Mt. Zion UMC   | <b>9</b><br>East of the Bay H&I<br>6:30 pm<br>St. Mark's - Easton  | <b>10</b><br>NEFA P.I.<br>6 pm<br>4201 North Point Blvd.<br>Delmarva Activities<br>6 pm - Milford Rec. Ctr.<br>Delmarva Public Info<br>6 pm - Milford Rec. Ctr.                    | <b>11</b>  | <b>12</b><br>Free State Regional<br>Off-Month Meeting<br>10 am<br>Service Center<br>217 N. Warwick Ave.  |
| <b>13</b><br>Balto. Special Events<br>5:00 pm<br>100 S. Hilton Street   | <b>14</b><br>Bay Area Special Events<br>7:00 pm<br>Linthicum Heights UMC<br>200 School Lane<br>Linthicum Heights 21090   | <b>15</b><br>Together We Can<br>5:30 pm<br>Service Center<br>Westside Outreach<br>7:30 pm - 4603 Poplar<br>East of the Bay<br>Special Evnts. - 7:30 pm<br>St. Mark's - Easton<br>NEFA Outreach 6 pm<br>9121 Old Harford  | <b>16</b>  | <b>17</b><br>Susq. A#<br>Subcommittees<br>6 - 7 pm<br>Susq. Area Service<br>7 - 9 pm<br>St. Mark's Church<br>Perryville, MD<br>Delmarva H&I 6 pm<br>927 Dupont Hwy.<br>Milford, DE | <b>18</b>  | <b>19</b><br>BACNA Subcommittees<br>10 am<br>Service Center<br>217 N. Warwick Ave.   |
| <b>20</b><br>Northwest H&I - 6pm<br>Mt. Zion UMC  | <b>21</b><br>Westside H&I - 7 pm<br>1905 Edmondson Ave.  | <b>22</b><br>Balto. Special Events<br>5:00 pm<br>1610 N. Carey Street  | <b>23</b>  | <b>24</b>  | <b>25</b>  | <b>26</b><br>Baltimore Policy<br>10:00 am<br>at Service Center<br>217 N. Warwick Ave.<br>Baltimore P.R.<br>10:00 am at Service Center<br>Baltimore Special Events<br>11:00 am at Service Center<br>Baltimore H&I<br>12:30 pm at Service Center |
| <b>27</b><br>Ocean Gateway ASC<br>12:30 pm<br>SSAC, Salisbury, Md.<br>Bay Area H&I - 7 pm<br>South Shore Recovery<br>1199 Generals Hwy.<br>Bay Area Phoneline 7pm<br>South Shore Recovery<br>1199 Generals Hwy. | <b>28</b><br>Bay Area Special<br>Events - 7:00 pm<br>Linthicum Heights UMC<br>200 School Lane<br>Linthicum Heights 21090 | <b>29</b>  | <b>30</b><br>Northwest Literature<br>7:30 pm - Bibleway<br>Fellowship Church<br>NEFA Literature - 6 pm<br>5315 Harford Rd.<br>NEFA ASC - 7 pm<br>5315 Harford Rd. (Hamilton)<br>Bay Area Literature 7:00 pm<br>Marley UMC - 30 Marley Neck<br>Bay Area P.R. 7:00 pm<br>St. Anne's Parish - Rm. 102<br>199 Duke of Gloucester | <b>31</b><br>Free State Regional<br>Service Center B.O.D.<br>7 pm - Service Center   |  |  |



## FREE STATE REGION SERVICE COMMITTEE MEETING

**SATURDAY, JUNE 9, 2018**

10:00 a.m. – 4:00 p.m.

### Free State Regional Service Center

217 N. Warwick Avenue

Baltimore, MD 21223

#### ~ AGENDA ~

10:00 am Sub-Committee Meetings

11:00 am "FREE LUNCH"

1 - 4 pm Regional Service Meeting

**THIS IS A PROGRAM OF LOVE  
THIS IS A PROGRAM OF RECOVERY  
THIS IS A PROGRAM OF LIFE**

#### EDITOR TO READERS:

#### RELEASE FORM

I hereby give the Narcotics Anonymous Fellowship, *Together We Can*, their successors, assigns and those acting on their authority permission to publish the attached original article(s), poem(s), or other written material pertaining to my personal experiences with or opinions about the N.A. Fellowship or program. I understand that my material may be edited. I further understand that every effort will be made to assure my anonymity. I possess full legal capacity to exercise this authorization and hereby release *Together We Can* and the Narcotics Anonymous Fellowship and its service boards and committees from any claim by myself, my successors and/or my assigns.

\_\_\_\_\_  
Signature (first and last name)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature (first and last name)

The following information is optional, and if supplied will be kept in complete confidence. It will help us to contact you if we have any questions about the material you submit.

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State and Zip Code

\_\_\_\_\_  
Telephone

## NorthEast Freedom Area Spiritual Retreat

**MAY 17-19, 2019**

### CAMP LETTS

4003 Camp Letts Road

Edgewater, MD 21031

The committee is working hard on a registration and is planning a get-away to become spiritual in nature.

If you are interested in being a member of service or need any additional info, please contact us!

Kim L. 443-418-3159

Olivia F. 410-404-3363

Brooke T. 443-567-8939



### Low Subscription Rate

The "Together We Can" newsletter is open to subscription to the world. To cover the cost of postage, our subscription fee is \$7.50 a year (Overseas \$12.50). Our newsletter is published monthly, so you can have a meeting in print in your mailbox once a month. Fill out the form below and a check or money order & send to:

#### TOGETHER WE CAN

c/o Free State Regional Service Center

217 N. Warwick Avenue

Baltimore, MD 21223

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State and Zip Code

*P.S.—Send any stories of recovery you would like to see published. Thanks!*