



BASCNA MEETING

Baltimore Area Service Committee of Narcotics Anonymous
Free State Regional Service Center
217 N. Warwick Avenue
Baltimore, Md. 21223

Phone: 410-566-4022

Hotline: 1-800-317-3222

Stephanie G. – Chair

Randy S. – Vice Chair

Nicole H. - Secretary

Saturday, April 7, 2018



BASC AGENDA

Please place your reports in the order as follows. Thank you!

Order of Business

1. **Serenity Prayer** (*We version*), reading of 12 Concepts.
2. **Sargent at Arms, Housekeeping rules, and GSR Training.**
3. **Roll Call** with welcome to **all New Groups, New GSR's, Alternate GSR's and elected Executive Body.**
4. **Review and approval** our last monthly minutes. (*Please review these reports before the start of the meeting*).
5. **Special Events Subcommittees Report.**
6. **Treasurer and/or Vice-Treasurer update/Report.**
7. **Old Business**
 - a. *Qualifications, Nominations, and Elections for the 2018 Service Year*
 - b. *Executive Body positions that are now open/available.*
 - c. *Tabled Motion*
8. **New Business/Motions/Nominations**
9. **Chairperson Report**
10. **Vice-Chairperson Report**
11. **Secretary and Alternate Secretary Report(s)**
12. **RCM/RCM Alternate Report**
13. **Policy Committee Report**
14. **Hospitals & Institutions (H&I) Committee Report and update**
15. **Public Relations/Information (PR/PI) Committee Report**
16. **BACNA Liaison Report**
17. **BACNA Update**
18. **Phone line/Hotline Committee Report**
19. **Web Servant Report/Alternate Web Servant Report(s)**
20. **Literature Committee Report**
21. **FSRNA and/or FSRCA Report**
22. **Open Discussions of issues, thoughts, and concerns in our BASC Area**

Closing with the "We" version of Serenity Prayer.

Thank you for all GSR's stepping up to staying until the close of meeting.

This demonstrates how your Home Group presents itself to the Area, Region, and the World!



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Respectful Housekeeping Rules

Please all remember that our recovery process teaches us:

Cooperation, Open-mindedness, Compassion, Love,

Understanding, Tolerance, Honesty,

Caring, Giving, Helping one another, and Willingness.

We the BASC Executive Body Respectfully

Requests your help and assistance by:

- *Please* pick up and prepare your meeting packets before start of meeting.
- *Please* read over the agenda and put meeting reports in corresponding order.
- *Please* be seated 5 minutes before the meeting with your phone on vibrate.
- *Please* respect and assist our Sergeants at Arms.
- *Please* keep personal conversations at a very minimum or take it outside.
- *Please* when you need any forms (*nominations or motions etc.*) ask for it from the Sergeants at Arms.
- *Please* no cross sharing or talking. (*Direct all comments to your BASC Executive Body*)
- *Please* for all GSR counts keep your hand up and stay in place until count is finished. Please speak loudly and clearly.
- *Please* stay focused on business currently on the floor to be discussed and possibly voted on.
- *Please* remember to keep principles before personalities. Group conscious is the spiritual means by which we invite a loving God to influence our decisions (6th Concept).
- *Please* remember that motions and nominations are conducted after reports and old business.
- *Please* clean up behind yourself and your neighbor.



Baltimore Area Special Events

~~February~~ Report *March*

April 7, 2018



Good morning, Executive Body and GSRs,

Pleased to be of service as the Special Events Chair for the Baltimore Area this year.

Final balance turned in to the Treasurer for the March event is \$1,025.38.

1,028.38. (Amended)

Today's event is at Transfiguration Church, 775 W. Hamburg Street from 2:00 pm to 12 midnight, "Keep Coming Back". Marathon is from 2:00 pm - 8:00 pm, Dance from 8:00 pm - 12 midnight with \$5 admission.

Our May 5th the event is at Gwynn Oak UMC, 5020 Gwynn Oak Avenue from 12:00 pm to 12:00 midnight, "Why Are We Here" is this May's theme. Marathon is from 12 - 8 pm, Dance from 8 pm - 12 midnight with \$5 admission.

I am honored to be of service as your Special Events Chairperson.

*In Loving Service,
Larry T.
Chairperson*



Baltimore Area Special Events
April Talley Sheet



Starting balance: \$1500.00

Forest Park Seniors: \$750.50

DJ/Karaoke Man: \$375.00

Food Money: \$374.50

Returned Food and Dance: \$874.20

Meeting Envelopes: \$154.18

Template was not prepared.

My Apologies,

Larry T.
Chairperson

Baltimore Area Service Committee of Narcotics Anonymous

Apr-18

Balance from Statement 2/28/2018

\$ 3,803.89

		3-Mar	Special Event 3/03/2018
Currency	\$	1,916.00	\$ 985.00
Coin	\$	19.94	\$ 11.38
Checks / Money Orders		1	
		2	
		3	
		4	
		5	
		6	
		7	
		8	
		9	
Area Basket	10 \$	54.85	

Deposited 3/5/2018 \$ 1,990.79 \$ 996.38

Total Deposited \$ **2,987.17**

Deposit + Balance **\$ 6,791.06**

Debts / Expenses				
Check #	4481	1	\$ 93.55	Treasure (Refreshments for the Area)
Check #	4482	2	\$ 1,500.00	Special Events (April Marathon)
Check #	4483	3	\$ 80.00	Wayne Maddox (Special Events Flyers & Tickets)
Check #	4484	4	\$ 131.98	MARLCNA (Reimbursement to Baltimore Area Chair)
Check #	4485	5	\$ 85.00	MARLCNA (Reimbursement to Baltimore Area Secretary)
Check #	4486	6	\$ 167.31	MARLCNA (Reimbursement to Baltimore Area Vice Chair)
Check #	4487	7	\$ 90.00	F.S.R.S.C.N.A. (Rent for Sub-Committees)
Check #	4488	8	\$ 90.00	F.S.R.S.C.N.A. (Rent for Baltimore Area)
Check #	4489	9	\$ 65.19	F.S.R.S.C.N.A. (150 Newsletters)
Check #	4490	10	\$ 107.25	F.S.R.S.C.N.A. (Copies for the Area Board)
Check #	4491	11	\$ 32.33	F.S.R.S.C.N.A. (Literature for P.R.)
Check #	4492	12	\$ 353.71	F.S.R.S.C.N.A. (Literature for H&I)
Check #	4493	13	\$ 65.00	Regional Phone Line Donation
Check #	4494	14	\$ -	Voided Check
Check #	4495	15	\$ 303.89	Regional Donation

Total Debts Minus **\$3,165.21**

Ending Balance \$ **3,625.85**

Prudent Reserve \$ 1,000.00

Operating Expense Above \$ 2,600.00 \$ **2,625.85**

Go To The Region

\$100 minimum established By BASC Motion 4-080412

\$ 100.00 will be sent to Region
Anything above the operating expense

I Need the New Motion Number

Please Make Checks or Money Orders out to Baltimore Area

Home Group Donations from March 2018

Life support Women's Rap	I Need help	Recovery at the center
Getting clean up north	Literature is the program	In times of illness
Doing it again on Greenmount	Blast of Recovery East	Recovery or Relapse
Steps to the truth	To live or die in LA	Courage to change
Hangin tough	Village voice group	Academic recovery
Step working guide group	Give me a break	Changing north in Longwood
Road to the deliverance	G.O.D	Blast of Recovery
Are you willing	Hamilton Noon	Freedom from bondage
Keep stepping group	Spiritual in nature	Sisters in recovery
Promise is freedom	Strive and thrive with the steps	Message of recovery
Living clean the journey continues	Living life a new way	Women's wrap
I can't do it alone	The best thing going	Vision of hope
Do the right thing now	Power of example	Serenity in the village 1
The ties that bind us together	A desire to change	1000-mile walk

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Saturday, April 7, 2018

BASC CHAIRPERSON REPORT

Good Morning to all GSR's, GSR Alternates and Board Members.

Please forgive me for my absence. I am currently caring for a family member who has taken ill. However, I am confident and certain that in my absence our board can conduct business per usual. The BASC is still in need of trusted servants. The following positions are open, Alternate Secretary, Hotline Chair, and Alternate RCM. If you or someone you know is interested, we are still accepting nominations.

We had our monthly Executive Board meeting where we meet every 3rd Thursday from 5:30-6:45 pm here at the service center. During such time an ADHOC Committee was established to address the concern of one of the meetings in our area. Members of that committee went to observe and sit in on the meeting. In that, we have discovered that the meeting Strong Connections needs support; this includes trusted servants as well as literature.

The BASC is still working toward building partnerships and unionizing with other surrounding areas. In our monthly board meeting we also discussed possible events and ideas to bridge the gap. We are seeking your support and ideas regarding this matter as well. Our BASC Secretary has created a suggestion box and slips for ideas in unionizing with other surrounding areas. Please take a moment to share your ideas with us as we work through this goal. We are looking forward to attending upcoming events and conferences to expand mutually rewarding relationships.

Respectfully submitted,

Stephanie G.

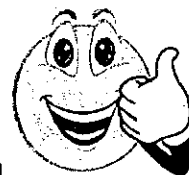
BASC Chairperson

BASC Vice Chair 2018



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Stephanie W. – Chair Randy S. – Vice Cha..
Nicole H. - ASC Secretary



Saturday April 7th, 2018

Greetings and welcome to all. Thank you for your love and commitment in your efforts to serve the BASC & the fellowship of Narcotics Anonymous

- Saturday 03/10/18- Attended on-month Free State Regional Meeting.
 - “How do we want our RD & ARD to represent our region’s conscious at the world service convention?” (CAR/CAT is our area’s voice)
 - Attended CAT workshop
- Monday 03/12/18- Participated in conducting CAR workshop with RD & Alt. RD by group’s request.
- Thursday 03/15/18- Attended and helped facilitate the **BASC Executive Body meeting**. We meet @ FSRSC every third Thursday of the month @ 5:30 pm.
 - ✓ Primary topics of discussions:
 - Treasurer’s report with detailed explanations of ending balance (Further explanation & discussion will be heard during treasurer’s report).
 - RCM discussion of the on- month Regional meeting, eps. “How would you expect our regional delegate to support our region’s conscious in the Florida inspection?” Deadline for CAR tally sheets to the regional delegate is 4/15/18. Today they can be submitted to the RCM.
- Saturday 03/24/18- Attended H&I subcommittee meeting. All subcommittees meet on the 4th Saturday of every month @ FSRSC 217 N. Warwick Ave.
- Follow-up on the issues with “Strong Connections” group
 - An ad-hoc committee was formed.
 - A few member’s attended the meeting to observe and inventory the group’s conduct and needs.
 - Our findings are as follow:
 - the secretary has been keeping the doors open for the past five years with very little support.
 - The secretary is aware of the grievances made by members concerning her attitude & conduct.
 - Meeting attendance is low because of conflicting meeting times with other meetings & signing of slips.
 - Literature & keychains are needed

BASC Vice Chair 2018



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- Referring to the guide to local services, **“How can our groups solve its problems?”** mentions that the best source of solutions for the group problem, in most cases, is the group itself. Another source of information, if the group has a problem and cannot come up with its own solution, a group service representative (GSR) can come and discuss the group's issues with the ASC. Area service set aside a portion of every meeting for exactly that purpose. Our hope is that there is a group representative here today to voice their group's concerns and share how we can best serve the needs of your group.

Sincerely,

Randy S.

443-908-1647

rsmithxxis14@gmail.com

[Type text]

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• OPENING

- We version of "The Serenity Prayer"
- The reading of "The 12 Concepts"
- Housekeeping Rules

• ROLL CALL

○ BASC Chair	Stephanie G.	○ Phone Line Chair	VACANT
▪ BASC Vice-Chair	Randi S.	○ Hospitals & Institutions Chair	Zavia B.
○ Secretary	Nicole H.	○ RCM	Greg B.
▪ Alternate Secretary	VACANT	▪ Alternate RCM	VACANT
○ Treasurer	Verlie H.	○ Public Relations Chair	Antonio S.
▪ Alternate Treasurer	Milton W.	○ BACNA Liaison	Thomas C.
○ Literature Chair	Curtiss C.	▪ BACNA/Region	Absent
○ Policy Chair	Yorell C.	○ FSRCA and / or FSRNA	Absent
○ Special Events Chair	Larry T.		
○ Web-Servant	Franklin G.	○ Sargent at Arms #1	Jimmie B.
▪ Alternate Web-Servant	VACANT	○ Sargent at Arms #2	Mario A.

• WELCOME of "New Groups and/or GSR/Alt GSR

Home Group Name	Address	Representative	Meeting Information
Cherry Hill Listen to Learn	2920 Joseph Avenue Baltimore, MD 21225	Darrick J. (GSR)	<ul style="list-style-type: none"> • Tues 6pm OD • Wed 6pm Step/JFT
Living Clean	5020 Gwynn Oak Avenue Baltimore, MD 21207	Christina C. (GSR)	<ul style="list-style-type: none"> • Tues 6:30pm (90 mins.) Living Clean Text/Basic Text • Thurs 6:30 (90 mins.) JFT/Guiding Principles
Women's Rap	2625 Maryland Avenue Baltimore, MD 21218	Sharon L. (GSR) Sheree (Alt GSR)	<ul style="list-style-type: none"> • Sat 12:30pm OD/Step/RR
Blast of Recovery	Mt. Olive Church 5115 Old Court Road Randallstown, MD 21133	Lois G. (GSR)	<ul style="list-style-type: none"> • Mon & Fri 7:30pm OD • Tues 7:30pm Step
First Light Group	St. Anthony Church 4414 Frankford Avenue Baltimore, MD 21206	Shaun S. (GSR)	<ul style="list-style-type: none"> • Mon – Sat 7am Step/Tradition/Basic Text

- OD – Open Discussion
- JFT – Just For Today
- RR – Round Robin

➤ **1st GSR count 11:10 am 26 GSR's**

- **REVIEW** of last month's minutes approved.



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- Open position(s)
 - Alternate Secretary
 - Alternate RCM
 - Hotline Chair
- **SPECIAL EVENTS Subcommittee Report** accepted. (See Report **22,0,2**)
- **TREASURER/VICE TREASURES Report** Issues arose regarding Regional donations and operating expenses; in that, a friendly amendment in Robert's Rules of Order in policy and procedures regarding these accounts. The benefit in change of language must be seconded before amendment is made (See Motion to Amend and Motion to Call the Previous Question in Policies and Procedures). GSR who voted in favor can call for a recall or reconsideration of vote. (**19,5,13**)
- **CHAIR'S Report** accepted. (See Report)
- **VICE CHAIR'S Report** accepted. (See Report)
 - **2nd GSR count 12pm 39 GSR's**
- **RCM and/or Alternate RCM Report(s)** Tally sheets are due by April's area meeting. Tally sheets were distributed to GSR's for homegroups both in February and March. (See Report)
- **POLICY Subcommittee Report** No report given, however, next month there will be a report.
- **BACNA LIASON / BACNA BOD / BACNA Subcommittee Report(s)** See Report.
- **PHONE LINE Subcommittee Report** Vacant position.
- **LITERATURE Subcommittee Report** Thanks for allowing me to serve. There was a typo in March newsletter. The calendar is labeled February, however, it is a March calendar. Poems are still be accepted and the submitter must sign a release for entry. (See Report)
- HOSPITALS and INSTITUTIONS Subcommittee Report** See Report.
 - **3rd GSR count 1 pm 31 GSR's**
- **WEBSERVANT / ALTERNATE WEBSERVANT Report** See Report.
- **PUBLIC RELATIONS Subcommittee Report** Agenda is attached to report for dental school informational session. An ADHOC Committee was formed for meetings in the area that are struggling to possess support and/or informally being held. Strong Connections is in need of support for trusted servants, members and attendance. Please go out and thank them for keeping the doors open for the new comer. A member asked what issues and concerns would ADHOC address? ADHOC will address any and all concerns and/or deficiencies a group may be experiencing to properly run a meeting (i.e., literature, members, support, rent, coffee). This is for group Strong Connections meetings in our area. The following suggestions were made as a



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- resolve for Strong Connections' group issues; 1. Submit request to literature for meeting closure.
2. Invite Strong Connections to Board meeting on the 3rd Thursday. (See Report)

• OLD BUSINESS

○ Tabled motion(s)

- Motion # 2018-0101 dated 1/6/18 was withdrawn.
 1. Funds to operate monthly.
 2. Prudent only for emergencies. (There was a concern regarding having to change the policy for this motion since there is no clarification on operating expenses. BASC has never had an operating expense account.)
 3. \$1500 to Special Events is a fixed expenditure for each month.
 4. Lower Special Events' expenditure and request additional funds as needed.
 5. Suggested that \$1000 be Prudent Reserve amount and \$2500 be the operating expense, while anything over goes to the Region.

➤ 4th GSR count 2 pm 19 GSR's

• NEW BUSINESS

○ Motion(s)

- Motion #2018-03-03 made by Lois G. and 2nd by Al S. was accepted (14,0,0) and dated 3/3/18 was made to ensure that all subcommittees and Special Events are paid out of the operating expenses and Prudent Reserve be used ONLY for emergency purposes.
 - Decrease Prudent Reserve to \$1000
 - Set operating expenses (i.e, Special Events and any all subcommittee expenses) to \$2600.
 - Anything over operating expenses goes to the Region.
- Motion #2018-03-01 made by Jeff G. and 2nd by Frances C. was accepted (13,0,1) and dated 3/3/18 was made to provide an easier search engine for motions because changing the numbering system will complicate searching for previous motions in excel.
 - Our Policy Chair understands the previous numbering system for motions. In that, this motion is to keep the numbering system the same and ADD which committee it will affect.
- Motion #2018-03-02 made by Thomas C. and 2nd by Al S. was accepted (13,0,1) and dated 3/3/18 was made to resolve the amount of the special events operating expenses and the amount to be sent to the Region for the month of March.
 - As a one time motion, change the amount being sent to the Region for March from \$1,803.89 to \$303.89. This is so \$1500 can be retained for operating expenses for Special Events.

○ Nomination(s)

- Nomination by Franklin G. for Shawn S. for Alternate Web Servant. He accepted and was nominated.
 - Clean since 9/5/12
 - Service from a posture of the heart.
 - Has a sponsor
 - Worked the 12-12 & 12.

3-030318

1-030318

2-030318



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- Willing to learn, grow and ask for help.
 - Was an IT engineer in the military and in school for IT presently.
- Discussion(s) None
- Concern(s) None
- **SECRETARY Update** See Report.
- **FSRCNA and / or FSRNA** Absent.
- **OPEN GROUP DISCUSSION** None.
- **CLOSING**
 - The We version of the “Serenity Prayer”

Thank you for allowing me to serve!!!

Humbly submitted,

Nicole H.

BASC Secretary

443.694.0146

Neharrington@bcps.k12.md.us

BALTIMORE AREA OF NARCOTICS ANONYMOUS

RCM REPORT MAR 10, 2018



1. GAVE THE REGION \$368.89
2. FREESTATE WILL BE PREPARING LUNCH FOR APRIL MEETING, A CHECK OF \$350 WILL BE GIVEN TO TINA OF FREESTATE, FOR THE LUNCH.
3. KEEP RD REPORT AND MAKE COPIES.
4. GET TALLY SHEETS FROM RANDI.
5. ALL CAR REPORT TALLY SHEETS SHOULD BE GIVEN TO RCM.
6. WE HAVE CAT TALLEY SHEETS.
7. ASK OUR AREA TO SUPPORT THE REGIONAL CONVENTION, THEY NEED BOARD MEMBERS, VERY BAD.
8. FREESTATE REGION SERVICE COMMITTEE TREASURY REPORT. IF ANYONE WANT TO SEE IT.
9. QUESTION CAME UP ABOUT, WHY THE REGION DON'T PAY FOR THE PHONELINE, WHICH IS \$3,600 ANNUALLY. THEY SEND ABOUT \$12,000 TO NAW'S. SO IT SHOULD COME ~~OUTTA~~ *OUT OF* THAT. THIS WAS MENTIONED BY RD CRAIG.
10. SUGGESTED THAT SUB-COMMITTEE CREATE A YEARLY BUDGET PLAN, SO THE AREA AND TREASURY CAN KNOW THINGS.

11. THERE SHOULD BE A CRITERIA FOR STARTING A NEW MEETING, SUCH AS, ALT POSITIONS ARE FILLED, HOW LONG HAVE THEY BEEN IN EXISTENCE, WHAT MEETINGS ARE IN THAT AREA ON THAT DAY ETC.

12. CHECK THE NA.ORG/TOOLBOX ABOUT CONVENTIONS.

13. WHICH WAY DO Y'ALL WANT TO GO WITH THIS S. FLORIDA AND CALIFORNIA DEAL? F.I.P.T DOESN'T COVER THIS, (TO SEE RECEIPTS). G.A.G.P, GOVERNMENT PRACTICE, IT WOULD BE IN ACCESS OF \$100,000 TO DO THIS.

THANKS FOR ALLOWING ME TO SERVE:

RCM GREG B.

BASC Policy Sub-Committee



217 N. Warwick Avenue
Baltimore, Md. 21223
Phone: 410-566-4022
Yorell C. - Chair
Phone: 443-563-0343

Saturday, April 7, 2018

Greetings to all.....

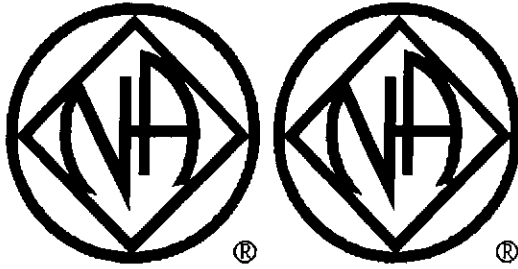
Thank you for allowing me to service....

- The policy worksheet has been updated with approved changes (**see attached example**)
 - Column representing committee or sub-committee a motion affects
 - Revised motion number that represent the original numbering system
- A review of the papers motions need to be done
 - Clarify all motions are on the worksheet
 - Date lag from 2/04/2017 to 1/06/2018
 - Currently the worksheet has 229 motions
 - Entry begin date is 6/01/2000

Sincerely;

Yorell C.

Committee/Sub Committee	Motion Number	Procedural	Non-Procedural	Date	Motion Statement
BASC	1-010618	YES		01/06/2018	Create an operating budget BASC (Baltimore Area Service Committee)
BASC	1-020318	YES		02/02/2018	Clarify prudent reserve
POLICY	1-030318	YES		03/03/2018	preserve original motion numbering system
SPECIAL EVENTS	2-030318		Yes	03/03/2018	Change amount being sent to the region for March 2018 from 1803.89 to 303.89 to maintain \$1500.00 special events budget
BASC	3-030318	YES		03/03/2018	Decrease prudent reserve to \$1000, Set operating fees to \$2600 to cover all sub-committee expenses. Send anything over operating expenses to the region



® Baltimore Area Service Committee of N.A.
Hospitals and Institutions Subcommittee
217 N. Warwick Avenue
Baltimore, MD. 21223

4/7/2018

Chair - Zavia B.
Vice Chair – vacant
Secretary- Carolyn S.
Alt. Secretary- Vacant
Literature Coordinator – Charles

OPEN WITH THE SERENITY PRAYER Zavia
READING OF THE TWELVE TRADITIONS Charvette B.
READING OF THE TWELVE CONCEPTS Randy
READING OF THE DOs AND DON'TS Charles
COUNT OF COORDINATORS 5 Coordinators & 0 Alternative
Attendance: , Robert CA, Dave, and Randy, Toni & Charvette

EXPLANATION OF THE FIRST ROLL CALL: a description of each facility will be given, with a note as to whether or not any service opening(s) exist there. If you are here to take on a commitment, please pay attention to the day and time of meeting(s) and the proximity to you and how it will fit within your schedule, and so forth. Hold comments or questions, though, until second roll call, PLEASE. (Follow through, as an interested PL, even if the Coordinator is not here today; call him/her later. Please take information back to fellow recovering addicts in the Baltimore Area and your home group. Grab extra agendas so you can discuss the facilities).

LITERATURE REPORT : \$418.90

SECOND ROLL CALL: interested Panel Leaders are voted in.

*******An additional count of Coordinators /Alternatives may be made before old business is received.**

NS: No Show Coordinator or Alternative not present
AW: All is well
PS: Coordinator or Alternative was present to submit a report
CA: Call In

GAUDENZIA
4615 Park Heights Avenue
Baltimore, Md. 21215
Contact Person: Darien: 443-925-6544

(TREATMENT LONG TERM FEMALE)
Thurs. 6:00-7:00 pm

Panel Coordinator: Carolyn S. 443-413-4444
Alter. Coordinator: Position open.
Panel Leaders Jean C. 1st Thursday and Nana 703-399-0946 2nd Thursday. All is well
NS:

GAUDENZIA

4615 Park Heights Ave.
Baltimore, MD 21215

Contact Person: Darien: 443-925-6544
Coordinator: Charvette B. 443-929-0467
Alter. Coordinator: David: 443-704-4910
Panel Leader Charles 1st Fridays.
PS: All is well.

MALE/FEMALE (28 DAY Treatment-Facility)
Fridays 7:30 pm – 8:30 pm

GAUDENZIA/Woodland

(Male Long Term Treatment) Wed. AND NO Fri. 7-8 pm

3643 Woodland Avenue

Contact Person: Gerge: 443-945-2080

Panel Coordinator: Tony T. 443-904-012

Alter Coordinator: Vacant

Panel Leaders Derrick J 443-248-1183 4th Wed. & 4th Sat., Kevin F. 443-468-6127 1st Wed., and Tony T. 3rd Wed. 2nd Wed Anthony, 443-221-3867

CA: all Fridays are open. All else is well.

JOHNS HOPKINS BAYVIEW CAP PROGRAM

PREGNANT WOMEN (Drug Maintenance Program)

4900 Eastern Avenue

Sundays 6-7:00 pm

Mason F. Lord Bldg 4th Floor

Baltimore, MD 21224

Contact Person: Angel 410-550-3025 or Diane

Panel Coord: Melissa H. 443-527-9900

Alt. Coord: Randy 443-908-1647

PS: Facility has been canceling all month, lack of staff, Randy is contacting the facility to get answers from them..

JOHNS HOPKINS BAYVIEW DETOX: **MALE & FEMALE Tue. 8 pm, Fri. 8 pm, & Sun. 2**

4900 Eastern Avenue

Baltimore, MD 21224

Contact Person: Katherine 410- 550-0466

Panel Coord: Vernon B. 443-415-6859

Alt. Coord: Dave. 443-762-2567

PS: 4th & 3rd Tues are in need of help.

TUERKE HOUSE

MALE & FEMALE TREATMENT PROGRAM

730 Ashburton Avenue

Tue. 7-8 PM & Thurs. . 7-8 pm Sat. 7-8pm

Baltimore, MD 2121E6

Contact Person: Sheron (410) 233-0684 ext. 128 or x119 240-329-6522

Panel Coord: Alice T. 443-850-2449

Alt. Coord: Vacant

Panel Leader: Marvin 443-463-5856.

NS: Spoke with Marvin and he is keeping his committments on Sat.

UNIVERSITY OF MD.

MIDTOWN CAMPUS (Psychiatric) SATURDAY 6PM -7PM

827 Linden Avenue

Contact Person: Cynthia Holden 410-805-5193

Coord: Robert 410-262-4395 Alter Coord: VACANT

2nd Saturday Allesia. 3rd Sat. Vanessa B.443-410-2285 Brad 443-904-2789 has the 4th Saturday 1st Saturday is Robert

CA: Allesia is working so Robert is in need of help 2nd saturday.

***CHESAPEAKE DETENTION FACILITY ***

Pre-trial Federal Detainees for Male Saturday 7-8 pm

401 EAST MADISON STREET

BALTIMORE, MD. 21202

Contact Person: Marcel Martin: 410-625-5219

Panel Coordinator:

Alt. Coordinator: Alex: 443-467-9316

Alexander has been in touch and work out a solution and we will be coming back in to both detention centers. Patty has been in touch with the warden and has a report about trying to iron out the wrinkles that exist. The Detention Facilities are on hold.

***CHESAPEAKE DETENTION FACILITY* (FEMALES) Pre-trial Federal Detainees for Females Saturday 10am -11 am**

401 EAST MADISON STREET

BALTIMORE, MD. 21202

SAME AS THE MALE

Contact Person: Marcel Martin: 410-625-5219

Coordinator: VACANT

Alternative Coordinator: CYNTHIA: 410-419-7391

New BUSINESS: I spoke with Sonny 443-768-3441 about Brockbridge Correctional Facility and informed him we can get started he has to contact the facility and get back with me with a date and time they also want another H7I ant the facility across the road and we will also contact policy and meet and introduce ourselves and start this meeting on it's way soon. Charvette was voted in as Vice Secretary, we also have an issue with appropriate clothing with a panel leader, it is being addressed. Tueke House is in need of extra help meeting is too large and has a overflow so two speakers are needed and the same time.

VACANCIES must BE FILL for THE COMMITTEE TO OPERATE PROPERLY.

Old BUSINESS: -

Tuerke House is in need of two speakers at same time due to the size and James 410-812-8398 was voted in to assist Anthony in facilitating that dual meeting. James may also help start the friday meeting at Gaudenzia male long ter, Toni will set that up and get back to me. Also the contact person there has changed. Tiffany who was voted in as vice chair and panel leader at U.M womens is working and can not forfill her commitment. A new budget was voted in. I am in need of a Vice Chair and Allt Secretary.

Please consider serving on the Baltimore H&I subcommittee OR any other committees under the Baltimore Area. .

**In Loving Service
Zavia B. Chair. H & I**

Next Monthly Business Meeting will be held on the fourth Saturday @ 12:30pm

*** Clean time requirements: Panel Cord – 1 yr. Alt. Cord. – 6 Months**

Panel Leader (PL) –90 days

Make announcements in meetings, please, about H&I's next meeting here!

Our gratitude speaks when we care and when we share...the NA way



BASCNA MEETING

Baltimore Area Service Committee of Narcotics Anonymous
Free State Regional Service Center
217 N. Warwick Avenue
Baltimore, Md. 21223
Phone: 410-566-4022

Hotline: 1-800-317-3222

Stephanie G. – Chair

Randy S. – Vice Chair

Nicole H. - Secretary

Saturday, April 7, 2018



Public Relations Report

Greetings Narcotics Anonymous Family,

From the previous event which occurred in February at the School of Dentistry. I also
→ *Literature left over from that event.*
purchased Regional Schedules for the event on March 17, 2018 which was March

Madness, but a table was not provided for that event. In that, I have literature left over.

There was a new meeting that started on March 24, 2018. The name of the group is "A
Change" flyers are on the back table. A table will be provided for the Baltimore Special
Events Marathon on April 7, 2018. I submitted my budget to the executive body. I also
advised my Vice Chair Patty C. about everything.

Respectfully Submitted,

Chair: *Tony S.* 443-630-4530

Vice Chair: *Patty C.* 443-883-9302



**Baltimore Area Narcotics Anonymous
BACNA Liaison Report
04/07/18**

Greetings and salutations to the Baltimore Area GSR assembly.

BACNA XIII; BACNA XIII; BACNA XIII

Shout it from roof tops, from the pinnacle of City Hall, from the hallowed halls of the State house, from the nation's capitol. BACNA XIII the Baltimore Area's 2018 convention edition is now upon us, less than 90 days away!

March Madness 2018 is over, a pleasant memory and a successful one too. The post March Madness reports are that the workshops were properly informational and inspirational. The basketball games were exciting and the championship trophy is back in Baltimore. The caterer's food fare was diversified and tasty. There was intensive and competitive sessions at the board game tournaments in which fun were had by all participants. There were numerous registrations at the pre-registration price of \$25.00, although not enough. That price is now the regular registration price of \$30.00. Even at that price this convention will be a great value, with a weekend of terrific NA recovery oriented workshops, meetings and activities.

Now speaking of the convention. Remember the date: June 22 – 24, 2018. Remember the location: Delta Hotels by Marriott Hunt Valley, 245 Shawan Road. Remember it can be accessed by the Light Rail to the Shawan Road station. Remember the theme: Gratitude In Action: An Engine for Change.

Dedicated to Service,

Thomas C.
443-835-0592

Web-Servant Report / April 2018



Good afternoon NA family, at last Welcome to spring. First I would like to welcome and thank Shawn S. for stepping up and taking on the position of Alt Web- Servant, I know his addition will only enhance the quality of this board for now there are two of us to gather, observe, and attend more vital meetings and gatherings. Just for today I'm grateful.

On March 22, 2018 the Wix, the company that supplies our web site needs was paid \$179.00 for the bill period April 1, 2018 thru April 1, 2019 from my personal account; I will be submitting the bill to the treasurer for reimbursement, I have copy of bill if anyone would like to inspect it.

Once again NA Family, I appeal to you for your input as you visit the web-site for ideas, additions, suggestions or mistakes all input is appreciated, Shawn and I are still in the learning curve and are very open-minded just for today, that's it for my report, I speak for my colleague and myself thanks for allowing us to serve.

Franklin G.

Web-Servent

BASCNA MEETING



Baltimore Area Service Committee of Narcotics Anonymous
Free State Regional Service Center
217 N. Warwick Avenue
Baltimore, Md. 21223



Phone: 410-566-4022

Hotline: 1-800-317-3222

Stephanie G. – Chair

Randy S. – Vice Chair

Nicole H. - Secretary

Saturday, April 7, 2018

Baltimore Area of (NA) Literature Committee
(BAONALC)

Literature Chair: Curtiss C. 443-602-1753

Literature Vice Chair Milton W.

Committee Members Kim H & James A

Greetings all,

The Literature committee did not meet this month due to inclement weather. I'm pleased to know the word is getting out about any meeting changes or closed meetings in our area that are still in the meeting schedule. If you are aware of a change, please let us know or fill out a regional schedule update form and make sure you put down your contact information. Milton and I will verify the information. I received a call Thursday March 8th from a young lady who informed me that on Wednesday the 7th she went to 3 different meetings and none of them were open. I found out that one was only close for that day and I'm still checking on the other two.

Please try to encourage members to get involved with the "Together We Can" newsletter. We can use some new reader writes and answers to the questions of the months. If you have any poems or anything related to recovery and want to put it in the newsletter let Milton and/or I know. If you provide a submission, please be aware that you must sign a release form relinquishing publishing rights.

Thank you.

Submitted by

Curtiss C.

Literature Chair



LACNA XXIX
January 2019
PRE-REGISTRATION

\$15 PRE REGISTRATION \$15
UNTIL March 31, 2019

NAME _____

Address, City, State & Zip:

Phone or Cell # W/ area code

Email Address

Emergency Contact Cell#/Name _____

Clean Date: _____ Newcomer Donation _____

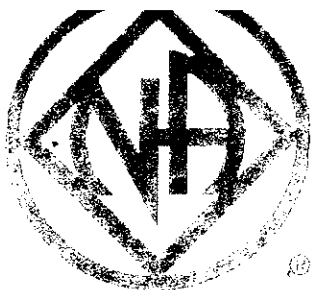
Total Number Registered ____ Total Amount Paid: \$ _____

Checks or Money orders Payable to: LACNA XXIX (No Refunds)

To: LACNA XXIX
P.O. Box 2946
Louisville KY 40201-2946

Receipt # _____ LACNA Member Initial _____ Date _____

Revised: January 3, 2019



Together We Can

N.A. GROUPS OF THE FREE STATE REGION NEWSLETTER

217 N. Warwick Avenue • Baltimore, Maryland 21223

Regional Hot-Line: 1-800-317-3221

TOGETHER WE CAN

APRIL 2018

Thankful for April

"Honesty is a quality that is developed through practice."

(Just for Today, June 5)

Anniversaries

3 MONTHS

6 MONTHS

9 MONTHS

CARIN C.

The following members will be celebrating **ONE YEAR ANNIVERSARIES**. We feel that you are all miracles and powers of example that this program **WORKS!!!**

Celebrating at

JERRY M.	April 7	Hope & Humility on April 13
MARK N.	April 20	Ride with the Tide on April 24
JOHN B.	May 4	Phoenix Rising on May 4
MARGO M.	April 7	Sink or Swim on April 11
KEITH S.	April 21	Keeping the Miracle Alive on April 22
BEN Z.		Keeping the Miracle Alive on April 8
BRAD S.	April 11	Attitude of Gratitude on April 21
ELIZABETH C.	May 17	Hope & Humility on May 18
KIM S.	June 9	Hope & Humility on June 15
REMI	April 7	Saturday Afternoon Delight on April 7
LAURA M.	May 18	Saturday Afternoon Delight on May 19
MARK N.	April 20	Ride with the Tide on April 24
JOSH P.	March 10	Edgewater Beginners on March 14

TWO YEARS

DUSTIN G.	April 11	Recovery Zone on April 15
JOE	March 3	Stepping Into Recovery on March 3
TREVOR S.		A High You Cannot Buy on April 4
JENN L.	May 3	Live and Learn on May 13

THREE YEARS

SHAWN C.	March 14	Keeping the Miracle Alive on March 18
MONTRE L.	May 5	Live and Learn on May 6

FOUR YEARS

EMILY L.	April 1	Topics of Recovery on April 5
DAVE L.	April 25	Men's Rap on April 25

FIVE YEARS

MARLO A.		Blast of Recovery on June 5
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We at "Together We Can" newsletter need to inform all potential members submitting literature for our newsletter, that a release form is required.

(Release form on back page)

Editors for the April issue of "Together We Can"

James A. - Baltimore
Kim H. - Baltimore
Milton W. - Baltimore
Peggy S. - NEFA

SEVEN YEARS

JACOB H. March 31
DANENE E.

Celebrating at

Free Spirits on April 5
Blast of Recovery on April 13

EIGHT YEARS

TOSHA

Recovery at the Center on May 18

NINE YEARS

MICHELLE S. April 22

Hope In Hampstead on April 24

TEN YEARS

PEGGY C. April 14
KIA

Attitude of Gratitude on April 28
Recovery at the Center on March 2

ELEVEN YEARS

PATRICK H. March 31
RAYMOND K.

Step Into the Light on April 1
Recovery at the Center on April 13

TWELVE YEARS

SUZZANE April 1

Serenity on April 3

FOURTEEN YEARS

SHELLY M. April 1

Hope Without Dope on April 7

SEVENTEEN YEARS

KEVIN
LISA C.

Recovery at the Center on April 20
A High You Cannot Buy on March 28

NINETEEN YEARS

MICHAEL K. May 15

Just Do It on May 19

TWENTY YEARS

JAMES C.
CHAD V. March 26
LEONARD W.

McVets on April 27
Men's Rap on March 26
Blast of Recovery on June 8

TWENTY-ONE YEARS

KENNY

Living Life A New Way on April 14

TWENTY-TWO YEARS

GARY
GINA H.

Living Life A New Way on April 28
Blast of Recovery on February 27

TWENTY-THREE YEARS

TROY B. December 4

Live and Learn on April 8

TWENTY-FOUR YEARS

SHARON April 24
GERALD

Serenity on April 24
The Best Thing Going on April 27

TWENTY-FIVE YEARS

DORIS

Recovery at the Center on April 20



ATTENTION: READERS
We need your anniversaries
ON TIME!

Here are some options:

- Call your Area Lit. Chair
- Fax your anniversary to 410-362-8505
- Email to barsc@verizon.net
- Drop off at the Service Center

All these must be done one month prior to your anniversary.

Anniversaries

TWENTY-SIX YEARS

LARRY C. March 28
LOIS G.

Celebrating at

Sunday Men's Day Rap
Blast of Recovery on
April 20

TWENTY-SEVEN YEARS

LOUIS

Recovery at the Center
on April 27

TWENTY-EIGHT YEARS

JOHN P. April 21

Hope In Hampstead on
May 1

TWENTY-NINE YEARS

ELLEN S. April 29

Celebrating at

Sink or Swim

THIRTY-FIVE YEARS

RUTH R. May 29

There Is A Need on
May 30

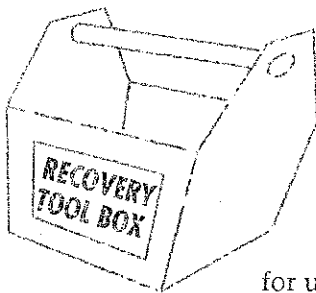
THIRTY YEARS

ROXANNE C. March 29
BRIAN B. April 15

Stronger Ties on April 3
Ride With the Tide on
April 17

DAN M.
RAY J.
MIKE M.

Survivors on April 13
Survivors on April 13
Survivors on April 13



The gifts of recovery are available to us all, and they come through us all. We feel one another's growth, and we genuinely want to help one another, even if there is nothing in it for us. Empathy is the ability to connect with others at the level of the heart and the spirit.

Taken from Living Clean

Please submit items from your "Recovery Tool Box"

N.A. HISTORY

DID YOU KNOW ...1978 - The first translated Little White Book is published in German.

Acronym of the Month

A D M I T

A

D E A L

M A D E

I N

T R U S T

N.A. Readers Write

The following articles are the opinions of the writers, and do not represent the opinion of this committee or the fellowship as a whole. We have given permission to all other Service Boards and Committees of the Fellowship of Narcotics Anonymous to reprint any material appearing in this publication.

Basic NA Recipe

BLEND:

- 1 NA Program
- 1 NA Sponsor
- 12 NA Steps
- 12 NA Traditions
- 1 NA Home Group

FOR BEST RESULTS:

- Combined for 90 Days at 90 NA Meetings
- Add 1 coffee commitment
- 1 Basic Text and numerous phone calls.
- Don't use no matter what and avoid use of old people, places and things.
- For best result continue adding service, recovery meetings, step work and helping another recovering addict on a regular basis.

[Reprinted from "Gratitude Speaks"]

N.A. Readers Write

The Dawning

*A new day has dawned
It's time to rise
Let's face the next day
With wide open eyes.*

*You're one day closer
To a much cleaner life
Carrying less weight
And a whole lot less strife.*

*Now pick up the tools
You'll need on the road
Just follow your heart
To find where it goes.*

*Meetings and Groups
Friends they abound
Guess who dropped in
Your Higher Power touched
down.*

*So you see that it's clear
Keep in touch with your heart
12 Steps to discover
A bright hopeful start.*

A.W., Surrey

[Reprinted from "Basic News" Dec. 2004]

Recipe For Staying Clean

1 DASH OF DAILY MEETINGS
1 LB. OF SPONSORSHIP
A MULTITUDE OF PHONE CALLS
12 HEAPING SPOONS OF STEPS
SPRINKLING OF HUMILITY
1 DOZEN TRADITIONS
1 SLICE OF CARING
2 TEASPOONS OF SHARING
A CLOVE OF WILLINGNESS
QUARTS OF HONESTY
CUPS OF OPEN MINDEDNESS
A WHOLE BUNCH OF FRESH OUTLOOK
A HEALTHY PORTION OF HUGS
FILL YOUR BLENDER WITH SURRENDER
ADD SERVICE
POUR INTO WARM HEALTHY ATMOSPHERE
LET IT RISE WITH SPIRITUALITY
AND THEN "GIVE IT AWAY!!!!!"

[Reprinted from "Connecticut News" 1988]

Applying Spiritual Principles To Unity

Unity is the foundation of all our Traditions and we need to practice it for the good of our personal recovery as well as the Fellowship as a whole. But how does one go about doing this! By applying some spiritual principles, such as surrender, acceptance, commitment, selflessness, love and anonymity, one can increase unity and allow for both personal growth and the growth of the Fellowship.

Surrender to the program of NA is about learning to live by spiritual principles in our daily lives. We do this by working the Steps and Traditions with our sponsors and hearing experience, strength and hope shared in the rooms. It is also about putting our personal preferences aside for the good of the group and working together to support our home group so that the meeting can continue.

Acceptance of our addiction is one of the first things we must do upon coming into the rooms. Another part of acceptance is allowing other addicts to be where they are at and to grow spiritually in their own time.

Commitment is showing up for one more meeting even when we don't feel like it. It is also the addicts who make sure the doors are open: the coffee makers and the ones who set up chairs, and the secretaries and the greeters.

Selflessness is displayed in the rooms by the way we give out phone numbers to newcomers, share our experience, strength and hope, serve on sub-committees, and support our home groups. It is also shown to us in our relationships with our sponsors when they give of their time and experience.

Love is the atmosphere that we strive for in our meetings, that open acceptance of each addict regardless of circumstance. This atmosphere is vital for a newcomer and it cannot be maintained if we are fighting among ourselves or dividing into cliques or gossiping.

Anonymity is truly simple. It means that any addict regardless of "age, race, sexual identity, creed, religion, or lack of religion" is a part of NA as a whole and that is our unity.

By practicing these spiritual principles, we have a foundation of unity for our common welfare: the rooms of Narcotics Anonymous with the message of recovery available to us all.

Beth M.

[Reprinted from "Inside the Rooms" Oct. 2002]

N.A. Readers Write

The Newcomer Asks; "What's a Sponsor and how do I get one?"

For me, I've asked several people to be my sponsor. In the various programs I'm in, I've had as many as 12 sponsors with as many as 3 at one time. Nothing like an addict to over do it, huh? In NA, I've had only one sponsor for over a year now. Along the way to working with this sponsor I've asked the above question numerous times and had quite a bit of trouble finding the answer. I've had ones who told me what to do, how and why to do it, and even one that said only what I wanted to hear. Sometimes it seemed like it was working. My current sponsor approached it differently. He listened, shared his own experience, hope and strength.

When I'm in a place he hasn't been, he doesn't B.S. me, or try to tell me how to get out of it. He asks me how I feel, what I can do about it, and how I can apply what I've learned in the program that could help. I know I've got a long way to go, but with him I can look back on the progress I've made. He's been there when I was angry (even at him), sad and when I needed help looking at my behavior. He's helped me to work the steps and fine tune my personal recovery program.

I can only share what I have learned because a sponsor can be different things to different people. I had to try out many sponsors before finding one that works with me. Some people have had the same sponsor since the first day they came in and approached somebody. With regards to finding a sponsor, I had to swallow my pride, face my perception of embarrassment and simply ask for help. Some people stick around after the meeting; talk to the person that they think can help, develop a dialogue and then ask that person to be their sponsor. I just walked up to a person after a meeting and said 'Will you be my sponsor?' Both you and the person will have a better program because of it. Your future sponsor will explain why.

Anonymous

[Reprinted from "The Heartbeat" Mar/Apr 2007]

Never Alone

*If your heart is heavy and filled with despair
and you think there is no one around to care,
if your faith is weak and you've lost all hope,
your burden so heavy you just can't cope.
"There can be a better, far brighter day,
For God is just a pray away"*

*Reach out to Him in earnest prayer,
He'll hear—for He is everywhere!
He'll strengthen your faith and bring you hope,
and lift your burden when you can't cope,
and through it all—He'll make it known,
that you are never, ever alone.*

Ready Teddy

*"If GOD is a process and I am a process,
we have something in common to begin."*

Anonymous

[Reprinted from "D.C. Link" February 1998]

The Heart Transplant

*The liquid alcohol and drugs
had drenched my home
I always felt so all alone
I could not find "shelter from
the storm".*

*The "umbrella" there was
old and worn.*

*The trees in the yard
were somehow dead
I could not even lift
my head*

*The sky I could not see
and wondered why
"God did this to me".*

*The years went by and
I could not find
The "heart" God gave me
had "stopped and died".*

*Today I know it was
not true
I have friends today
to pull me through*

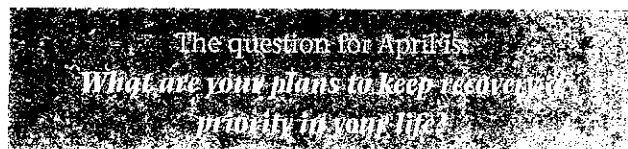
*Today I do not have
to run
The "Heart Transplant"
has just begun.*

Marcie F.



"Sound Off"

Every month we will ask a question for you to answer in the next issue.



First and foremost, keep praying to the God of my understanding, go to NA meetings, talk to my network, don't pick up no matter what and do step work!

James A.

My first priority is to just don't use, no matter what and in doing that, there will always be a shot of hope in my life. Second continue to have a healthy relationship with the God of my understanding, plus go to meetings. Third allowing my sponsor to guide me through the steps, so I can keep the freedom that the program has given me, so I can give it away to keep it and stay in service too.

Kim H.

My current experience has been first by recognizing whether recovery is a priority in my life. Then recommitting myself to the basics, pray, go to meetings and don't pick up. Step work and regular contact with my sponsor is part of that plan, too.

Jetun B.

A day at a time my friend. Gotta keep it simple like when I first came in.

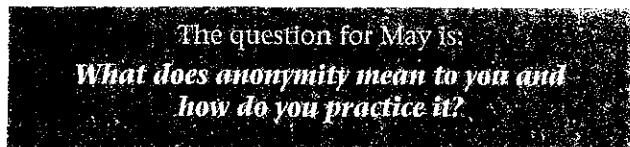
Mark D.

Making recovery my top priority was strongly suggested to me when I first came into the program, by my sponsor and other NA predecessors who I trusted and whose recovery I admired. I've never found any reason to mess with this plan that has kept me clean for almost 20 years now. Regular meeting attendance and step work, staying in touch with my sponsor and giving back through service work, including sponsoring other addicts, are some of the ways I continue to keep connected in recovery.

Anonymous

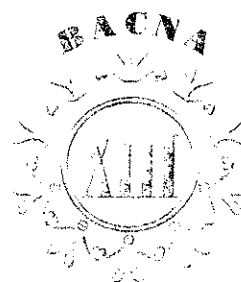
Stay active in NA service and home group, participate in meetings, sponsorship, help newcomers and my family, practice spiritual principles in all my affairs.

Tony B.



PLEASE FEEL FREE TO EMAIL OR FAX IN YOUR RESPONSES TO THE QUESTION OF THE MONTH

Email: barsc@verizon.net Fax: 410-362-8505



Graduate In Action An Engine for Change

JUNE 22-24, 2018

Delta Hotels by Marriott Hunt Valley
245 Shawan Road • Hunt Valley, MD 21031
www.bacnaconvention.org

For online registration visit:
<http://www.bacnaconvention.org>

or mail form with payment to:

BACNA XIII
P.O. Box 2082
Baltimore, MD 21203

Please print

Name: _____

Address: _____

City, State, Zip _____

Phone (1): _____

Phone (2): _____

Email: _____

Additional needs: _____

[Please circle]

Registration \$30.00

Friday Night Dance FREE \$5.00*

*(Prior to onsite registration)

Saturday Play & Meal "Luther" (A musical about the life of Luther Vandross) \$27.00

Saturday Night Dance \$ 5.00

Donation \$ _____

Total Enclosed \$ _____

Step Four

[Excerpt from, "It Works How and Why"]

"We made a searching and fearless moral inventory of ourselves."

For many of us, our motivation to work the Fourth Step is quite simple: We're working a program of recovery and we want to continue. Because our disease involves much more than our drug use, recovery involves more than simple abstinence from drugs. The solution to our problem is a profound change in our thinking and our behavior. We need to change how we perceive the world and alter our role in it. We need to change our attitude. Whether our motivation is a desire to move away from our addiction or to move toward recovery doesn't really matter.

Tradition Four

[Excerpt from, "Basic Text"]

"Each group should be autonomous, except in matters affecting other groups or NA as a whole."

The autonomy of our groups is necessary for our survival. A dictionary defines autonomous as "having the right or power of self-government ... undertaken or carried on without outside control." This means our groups are self-governing, and not subject to outside control. Every group has had to stand and grow on its own.

One might ask, "Are we truly autonomous? Don't we have service committees, offices, activities, hot lines, and other activities in NA?" They are services we use to help us in our recovery and to further the primary purpose of our groups. Narcotics Anonymous is a Fellowship of men and women, addicts meeting in groups and using a given set of spiritual principles to find freedom from addiction and a new way to live. The services that we mentioned are the result of members who care enough to reach out and offer help and experience so that our road might be easier.

FREE STATE REGION

APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Westside Literature 7 pm - Highland & Euclid Westside ASC - 7:15 pm Highland & Euclid Ave.	3	4 East of the Bay Lit. 6:00 pm Wye Mills Church Bay Area ASC - 7:30 pm Marley UMC 30 Marley Neck Road Northwest ASC 7:30 pm - Mt. Zion East of the Bay ASC 7 pm - Wye Mills Church NEFA H&I 7 pm - Baltimore	5	6 Delmarva Phoneline 6:30 pm - Conley's UMC	7 Baltimore ASC Exec. Board - 9:30 am New GSRs & Alternates - 10:30 am Area Mtg. - 11:00 am Service Center 217 N. Warwick Ave.
8 Balto. Special Events 5:00 pm 100 S. Hilton Street	9 Bay Area Special Events 7:00 pm Linthicum Heights UMC 200 School Lane Linthicum Heights 21090	10 Westside Special Events 7 pm - 1805 Wicks Ave. Northwest Special Events 6pm Mt. Zion UMC	11 East of the Bay H&I 6:30 pm St. Mark's - Easton	12 NEFA P.I. 6 pm 4201 North Point Blvd. Delmarva Activities 6 pm - Milford Rec. Ctr. Delmarva Public Info 6 pm - Milford Rec. Ctr.	13	14 Free State Regional Service Committee Mtg. 10 am - 4 pm Free State Regional Service Center 217 N. Warwick Ave. Balto., MD 21223
15 Northwest H&I - 6pm Mt. Zion UMC	16 Westside H&I - 7 pm 1905 Edmondson Ave.	17 Together We Can 5:30 pm Service Center Westside Outreach 7:30 pm - 4603 Poplar East of the Bay Special Events - 7:30 pm St. Mark's - Easton NEFA Outreach 6 pm 9121 Old Harford	18	19 Susq. All Subcommittees 6 - 7 pm Susq. Area Service 7 - 9 pm St. Mark's Church Perryville, MD Delmarva H&I 6 pm 927 Dupont Hwy. Milford, DE	20	21 BACNA Subcommittees 10 am Service Center 217 N. Warwick Ave.
22	23 Bay Area Special Events - 7:00 pm Linthicum Heights UMC 200 School Lane Linthicum Heights 21090	24 Balto. Special Events 5:00 pm 1610 N. Carey Street	25 Northwest Literature 7:30 pm - Bibleway Fellowship Church NEFA Literature - 6 pm 5315 Harford Rd. NEFA ASC - 7 pm 5315 Harford Rd. (Hamilton) Bay Area Literature 7:00 pm Marley UMC - 30 Marley Neck Bay Area P.R. 7:00 pm St. Anne's Parish - Rm. 102 199 Duke of Gloucester	26 Free State Regional Service Center B.O.D. 7 pm - Service Center	27	28 Baltimore Policy 10:00 am at Service Center 217 N. Warwick Ave. Baltimore P.R. 10:00 am at Service Center Baltimore Special Events 11:00 am at Service Center Baltimore H&I 12:30 pm at Service Center
29 Ocean Gateway ASC 12:30 pm SSAC, Salisbury, Md. Bay Area H&I - 7 pm South Shore Recovery 1199 Generals Hwy. Bay Area Phoneline 7pm South Shore Recovery 1199 Generals Hwy.	30					

Step Four

[Excerpt from, "It Works How and Why"]

"We made a searching and fearless moral inventory of ourselves."

For many of us, our motivation to work the Fourth Step is quite simple: We're working a program of recovery and we want to continue. Because our disease involves much more than our drug use, recovery involves more than simple abstinence from drugs. The solution to our problem is a profound change in our thinking and our behavior. We need to change how we perceive the world and alter our role in it. We need to change our attitude. Whether our motivation is a desire to move away from our addiction or to move toward recovery doesn't really matter.

Tradition Four

[Excerpt from, "Basic Text"]

"Each group should be autonomous, except in matters affecting other groups or NA as a whole."

The autonomy of our groups is necessary for our survival. A dictionary defines autonomous as "having the right or power of self-government ... undertaken or carried on without outside control." This means our groups are self-governing, and not subject to outside control. Every group has had to stand and grow on its own.

One might ask, "Are we truly autonomous? Don't we have service committees, offices, activities, hot lines, and other activities in NA?" They are services we use to help us in our recovery and to further the primary purpose of our groups. Narcotics Anonymous is a Fellowship of men and women, addicts meeting in groups and using a given set of spiritual principles to find freedom from addiction and a new way to live. The services that we mentioned are the result of members who care enough to reach out and offer help and experience so that our road might be easier.

FREE STATE REGION

APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Westside Literature 7 pm - Highland & Euclid Westside ASC - 7:15 pm Highland & Euclid Ave.	2	3	4 East of the Bay Lit. 6:00 pm Wye Mills Church Bay Area ASC - 7:30 pm Marley UMC 30 Marley Neck Road Northwest ASC 7:30 pm - Mt. Zion East of the Bay ASC 7 pm - Wye Mills Church NEFA H&I 7 pm - Berlin & Moravia	5	6 Delmarva Phoneline 6:30 pm - Conley's UMC	7 Baltimore ASC Exec. Board - 9:30 am New GSRs & Alternates - 10:30 am Area Mtg. - 11:00 am Service Center 217 N. Warwick Ave.
8 Balto. Special Events 5:00 pm 160 S. Hilton Street	9 Bay Area Special Events 7:00 pm Linthicum Heights UMC 200 School Lane Linthicum Heights 21090	10 Westside Special Events 7 pm - 1805 Wicks Ave. Northwest Special Events 6pm Mt. Zion UMC	11 East of the Bay H&I 6:30 pm St. Mark's - Easton	12 NEFA P.I. 6 pm 4201 North Point Blvd. Delmarva Activities 6 pm - Millford Rec. Ctr. Delmarva Public Info 6 pm - Millford Rec. Ctr.	13	14 Free State Regional Service Committees Mtg. 10 am - 4 pm Free State Regional Service Center 217 N. Warwick Ave. Balto., MD 21223
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FREE STATE REGION SERVICE COMMITTEE MEETING

SATURDAY, APRIL 14, 2018
10:00 a.m. - 4:00 p.m.

Free State Regional Service Center
217 N. Warwick Avenue
Baltimore, MD 21223

~ AGENDA ~

10:00 am Sub-Committee Meetings
11:00 am "FREE LUNCH"
1 - 4 pm Regional Service Meeting

THIS IS A PROGRAM OF LOVE
THIS IS A PROGRAM OF RECOVERY
THIS IS A PROGRAM OF LIFE

EDITOR TO READERS:

RELEASE FORM

I hereby give the Narcotics Anonymous Fellowship, *Together We Can*, their successors, assigns and those acting on their authority permission to publish the attached original article(s), poem(s), or other written material pertaining to my personal experiences with or opinions about the N.A. Fellowship or program, I understand that my material may be edited. I further understand that every effort will be made to assure my anonymity. I possess full legal capacity to exercise this authorization and hereby release *Together We Can* and the Narcotics Anonymous Fellowship and its service boards and committees from any claim by myself, my successors and/or my assigns.

Signature (first and last name)

Date

Witness Signature (first and last name)

The following information is optional, and if supplied will be kept in complete confidence. It will help us to contact you if we have any questions about the material you submit.

Address

City, State and Zip Code

Telephone

WANTED!

DESCRIPTION: Art, poems, cartoons, short stories, articles, ideas, comments, anniversaries, gratitude lists, etc. by recovering addicts.

SALARY: If what you have to say touches even one addict, your reward will be immeasurable!

PS We at "Together We Can" must have a release form for any original Reader's Writes.

SEND YOUR INPUT TO:

TOGETHER WE CAN
217 N. Warwick Avenue
Baltimore, MD 21223
Fax: 410-362-8505
E-mail: barsc@verizon.net



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c/o Free State Regional Service Center
217 N. Warwick Avenue
Baltimore, MD 21223

Name

Address

City, State and Zip Code

P.S.—Send any stories of recovery you would like to see published. Thanks!