

Baltimore Area Service Committee of Narcotics Anonymous Free State Regional Service Center 217 N. Warwick Avenue Baltimore, Md. 21223



Phone: 410-566-4022

Hotline: 1-800-317-3222

Stephanie G. – Chair Randy S. - Vice Chair

Nicole H. - Secretary

Saturday, November 3, 2018

BASC AGENDA

Order of Business

Please review reports before the start of the meeting

- 1. Serenity Prayer (We Version)
- 2. Reading of 12 Concepts
- 3. Housekeeping rules
- 4. Roll Call
- 5. Welcome to all New Groups, New GSR's, Alternate GSR's
- 6. Secretary report and review/approval of last monthly minutes
- 7. Treasurer and/or Vice-Treasurer update/Report
- 8. Special Events Subcommittee Report
- 9. Old Business
- 10. New Business
- 11. Chairperson Report
- 12. Vice-Chairperson Report
- 13. Literature Report
- 14. BACNA Liaison Report
- 15. BACNA Update
- 16. RCM/RCM Alternate Report(s)
- 17. Policy Committee Report
- 18. Hospitals & Institutions (H&I) Committee Report and update
- 19. Public Relations/Information (PR/PI) Committee Report
- 20. Phone line/Hotline Committee Report
- 21. Web Servant Report/Alternate Web Servant Report(s) ed with Burnin
- 22. FSRNA and/or FSRCNA Report
- 23. Open Discussions of issues, thoughts, and concerns in our BASC Area

Closing with the "We" version of Serenity Prayer.

Thank you for all GSR's stepping up to staying until the close of meeting. This demonstrates how your Home Group presents itself to the Area, Region, and the World!



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Respectful Housekeeping Rules

Please all remember that our recovery process teaches us:

<u>Cooperation, Open-mindedness, Compassion, Love,</u>

<u>Understanding, Tolerance, Honesty,</u>

<u>Caring, Giving, Helping one another, and Willingness.</u>

We the BASC Executive Body Respectfully Requests your help and assistance by:

- *Please pick up and review your meeting packets before start of meeting.
- *Please read over the agenda.
- *Please be seated 5 minutes before the meeting with your phone on vibrate/silent.
- *Please respect and assist our Sergeants at Arms.
- *Please take ALL personal conversations out of meeting area.
- *Please when you need any forms (i.e. nominations or motions etc.) please allow the Sergeants at Arms to assist you.
- *Please no cross sharing or talking. (Direct all questions and comments to your BASC Executive Body)
- *Please for all GSR counts keep your hand up and stay in place until count is finished. Please speak loudly and clearly.
- *Please stay focused on business currently on the floor to be discussed and possibly voted on.
- *Please remember to keep principles before personalities. Group conscious is the spiritual means by which we invite a loving God to influence our decisions (6th Concept).
- *Please remember that motions and nominations are conducted during new business.
- *Please clean up behind yourself and your neighbor.



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BASC MEETING MINUTES

OPENING

- We version of "The Serenity Prayer"
- o The reading of "The 12 Concepts"
- Housekeeping Rules

ROLL CALL

o BASC Chair	Stephanie G.	o Phone Line Chair	Dina T.
 BASC Vice-Chair 	Randy S.	o Hospitals & Institutions Chair	Zavia B.
o Secretary	Nicole H.	o RCM	EXCUSED
 Alternate Secretary 	Rhonda G.	 Alternate RCM 	Charvette B.
o Treasurer	Verlie H.	o Public Relations Chair	Antonio S.
 Alternate Treasurer 	Milton W.	o BACNA Liaison	No Rep
o Literature Chair	Curtiss C.	 BACNA/Region 	No Rep
o Policy Chair	Yorell C.	o FSRCNA and / or FSRNA	Larry A.
o Special Events Chair	Cassie W.		zarry 11.
o Web-Servant	EXCUSED	O Sargent at Arms #1	Weldon H. (Sub.
 Alternate Web-Servant 	EXCUSED	o Sargent at Arms #2	Herman K.

WELCOME of "New Groups and/or GSR/Alt GSR

Home Group Name	Address	Representative	Meeting Information
1000 MILE WALK	First Presbyterian Church 210 W. Madison Street Baltimore, Maryland 21201	Miles M. (GSR) Michael M. (Alt GSR)	• Sat 10:30am -12pm ST, TR
NEW CANTON NOON	Recovery For Life 3717 E. Baltimore Street Baltimore, Maryland 21224	Jeffrey P. (GSR)	• Sun 11am OD

OD – Open Discussion
 JFT – Just For Today

• ST – STEP

• TR-TRADITIONS

L-LITERATURE

TO-TOPIC

> 1st GSR count @ 11:10 am 19 GSR's

- SECRETARY Update Review of last month's minutes approved. (See Report)
- TREASURER/VICE TREASURES Report This month Region will receive \$1,043.88 from the Baltimore Area. There was a friendly amendment made to report divulging dates of returned funds from Special Events Chair; \$950.00 on September 5th, \$200.00 on October 2nd, and \$350.00 on October 5th. (See Report for further expense details 29,0,2)





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Phone: 410-566-4022 Randy S. - Vice Chair Stephanie G. – Chair

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CATEUR SEPARATION

SPECIAL EVENTS Subcommittee Report Chair offered sincerest apologies and explanation. It was discussed as an egregious issue; recovery is about responsibility. Chair decided to step down but continue to serve as a committee member. Accepted (See Report 26,0,2)

← 2nd GSR count @ 12 pm 30 GSR's

OLD BUSINESS

Tabled motion(s)

Motion #090122018 tabled again. (There was mention of a 90 day procedure for tabled motions but no confirmation.)

NEW BUSINESS

o Motion(s)

1st Motion Made by Verlie H. and Thomas C. Motion statement: "Checks and/or cash will be distributed 1st Saturday with contract from vender/facility/service provider for a special event. Furthermore, special events will ONLY be able to get remaining funds in check payment for as needed or incidental supplies. (Note some vendors do not accept checks.) WITHDRAWN

 CON – Could be setting up the chair for same financial disturbance with cash.

2nd Motion made by Shelia S. and Terry J. Motion statement: "To unsuspend special events." Intent: "To have events for the rest of the year Baltimore Area Special Events." PASSED 17, 4, 4

PRO - New comers/suffering addicts look forward to events monthly. We still have a duty as an area to provide an avenue for recovery.

CON - Policy should be in place regarding financial matters before moving forward with the motion.

PRO - We need to move forward with events because addicts are dying.

Delegation of responsibilities need to be considered and not just financial matters. Support, representation, resources and attendance must also be addressed in order to move forward.

CON - Decay of committee to move forward and put policies and procedures in place and suspend it.

CON - Believe that the area will survive without an event for two months.

PRO - Our 9th Tradition is to separate and distinguish NA as such from our service boards and committees. 'NA as such' is groups of addicts holding meetings for the purpose of recovery from the disease of addiction. Our primary purpose is to carry the message to the addict who still suffers.

⟨ 3rd GSR count @ 1:30 pm 22 GSR's

anger of the contract of the 3rd Motion made by Verlie H. and Frances C. Motion statement: "Check for special events on the 1st Saturday w/ contract from vendor/facility/service provider with the contractor's name on the check. On the 3rd Thursday @ executive body



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meeting a check be written to special events for needed supplies." Intent: "To prevent any further financial disturbances with special events and ensure accountability and accurate record keeping." PASSED 16,1,3

PRO – This aligns with proper planning.

- This motion is aligned with a policy and procedure that is already put in place.
- PRO Puts the horse before the cart.
- ✓ PRO It strengthens accountability for the special events chair, vice chair and treasurer.

 4th GSR count @ 2 pm 20 GSR's
 - 4th Motion made by Shelia S. and Mark R. Motion statement: "To vote a treasurer for special events." Intent: "To only handle the money from special events." WITHDRAWN
 - 5th Motion made by Frances C. and Donnell T. Motion statement: "Continue special events for the remainder of the calendar year with oversight of the executive body. The special events chair will function as a committee member." Intent: "Provide serve for the area for November and December." WITHDRAWN
- o Nomination(s)
 - Verlie H. was nominated by Milton W. for 2019 Treasurer. Verlie accepted the nomination.
 - How are you with handling personal financial matters? "I have gotten better with them."
 - Were you sitting in on the resolution of the distributions of funds for special events? "Yes!"
 - Were you voted in for 2018 or moved into treasurer position? "I was voted in."
 - Milton W. was nominated by Verlie H. for 2019 Vice Treasurer. Milton accepted the nomination.
 - How are you with handling personal financial matters? "I handle them well."
 - Katrina W. was nominated by Verlie H. for 2019 Special Events Chair. Katrina accepted the nomination. Qualifications as follows:
 - Currently a property manager
 - Handles the fiscal budget
 - Extensive experience and knowledge in bidding and proposals.
 - What experience do you have with special events? "None."
 - How long have you handled monies with vendors? "For 12 years."
 - Do you have the time to dedicate to the position with all of your current responsibilities? "I wouldn't accept the nomination and/or position. I also know how to delegate."
 - It was suggested to join the committee now to get an understanding of the position and all that is required.
 - Will you be able to supply the area with a yearly agenda? "Yes!"

BASC October Mins

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- o Discussion(s) None
- o Concern(s) None
- CHAIR Update Accepted, see Report.
- VICE CHAIR Update Accepted, see Report.
- LITERATURE Update It was asked how do we resolved the groups that conduct marathons/meetings that are not listed in the schedule? "Submit the right forms at the right time." Accepted, see Report.
- BACNA LIAISON / BACNA BOD / BACNA Subcommittee Update(s) The term ended in June. A new one has to be elected for 2019. No Report.
- RCM and/or Alternate RCM Report(s) Our RCM had a medical procedure done, please keep him in prayer. Key terms: DRT Drug Replacement Therapy. MAT Medication Assisted Treatment. LSU Local Service Unit. GSU Group Support Unit. Accepted, see Report.
- POLICY Subcommittee Report Chair had a family emergency. See Report.
- HOSPITALS and INSTITUTIONS Subcommittee Update H&I needs support and meet every 4th Saturday at 12:30pm. Chair is leaving Baltimore and going home to Michigan. Please keep him in prayer. Accepted, see Report.
- PUBLIC RELATIONS Subcommittee Update Accepted, see Report.
- PHONE LINE Subcommittee Update If you do not want to leave your home and want to be of service, come join hotline subcommittee. We meet every 4th Saturday at 10 am. Regional Chair removes volunteers if they miss a certain amount of calls. Calls have recently increased. 12 step call list will be available next month. There are qualifications for that position. Only the volunteer will have a list of 12 step interventionists. NO 12 step calls will be made or done alone at NO TIME. Conference call training for the sick and shut ins. Report accepted, see report.

√ 5th GSR count @ 3:17 pm ____ GSR's

- WEBSERVANT / ALTERNATE WEB SERVANT Report No Report.
- FSRCNA and / or FSRNA "WE" need to be present for "OUR" voice to be heard! See Report.
- OPEN GROUP DISCUSSION None
- CLOSING
 - o The We version of the "Serenity Prayer"

Thank you for allowing me to serve!!!

Baltimore Area Service Committee of Narcotics Anonymous Nov-18

Balance from Statement 9/30/2018			\$.	4,643.88
		6-Oct	Special	Event 10/18/2018
Currency	\$	1,599.00	\$	400.00
Coin	\$	25.39	\$	350.00
Checks / Money Orders	1 \$ 2	8,00	\$:	400.00
	4			
Area Basket	\$	35.41		
Deposited 10/06/2018	\$	1,667.80	\$	1,150.00
Total Deposited	\$			2,817.80
Deposit + Balance			\$	7,461.68

				Debts / Expenses
Check#	4567	1	\$ 66.72	F.S.R.S.C.N.A (Literature for H&I)
Check#	4568	2	\$ 244.60	F.S.R.S.C.N.A (Literature for P.R)
Check#	4569	3	\$ 90,00	F.S.R.S.C.N.A (Rent for Baltimore Area)
Check#	4570	4	\$ 90.00	
Check#	4571	5	\$ 65.19	F.S.R.S.C.N.A (Rent for Sub-Committees)
Check#	4572	6	\$ 16.00	F.S.R.S.C.N.A (150 Newsletters)
Check#	4573	7	\$	Vice Chair Reinbursement (Printing Paper)
Check#	4574	9	 105.00	Treasure (Refreshments for the GSR Meeting)
Check#			\$ 1,043.88	Regional Donation
	4575	10	 65.00	Regional - Phone Line
Check#	4576	11	\$ 400.00	Special Events Marathon (Venue - Gwynn Oaks UMC)
Check#	4577	12	\$ 350.00	Special Events Marathon (DJ)
Check #	4578	13	\$ 400.00	Special Events Marathon (Food & Supplies - Vice Chair of BASC)

Total Debits	Minus	- \$	2,936.39	
Ending Balance		\$	4,525.29	
Prudent Reserve		\$	1,000.00	
Operating Expense	Above	\$	2,600.00	\$ 3,525.29
Go To The Region		\$	925.29	
\$100 minimum established By E	BASC Motion 4-080412	Α	nything above the op	perating expense

Please Make Checks or Money Orders to Baltimore Area

Home Group Donations - September 2018

r		
7 DAYS OF NA	TIME FOR	CHANGING NORTH &
	RECOVERY	LONGWOOD
STRONG	WINNING THE	KEEP STEPPIN GROUP
CONNECTIONS	WAR WITHIN NA	
HAMILTON NOON	TUESDAY NIGHT	SISTERS IN
	ON LIBERTY	RECOVERY
	HEIGHTS	
POWER OF EXAMPLE	IT'S ABOUT	TO LIVE OR DIE IN LA
	CHANGE	
NO MORE EXCUSES	100 MILE WALK	KEEPIN IT REAL
CIRCLE OF SISTERS	I NEED HELP	STEP WORKING GUIDE
RECOVERY AT THE	THE TIES THAT	LITTLE ITALY
CENTER	BIND US	
	TOGETHER	
PROMIS IS FREEDOM	FREEDOM FROM	ROAD TO
	BONDAGE	DELIVERANCE
VILLAGE VOICE	LITERATURE IS	LIBERTY ROAD
GROUP	THE PROGRAM	GROUP
LIBERTY GARRISON	BLAST OF	COURAGE TO
	RECOVERY	CHANGE
	2	
MESSAGE OF	STRIVING AND	DOING IT AGAIN ON
RECOVERY	THRIVING WITH	GREENMOUNT
	THE STEPS	
LIVING CLEAN	NO LONGER	
JOURNEY CONTINUES	BOUND	





Baltimore Area Special Events

November Report

November 3, 2018

Good morning to all,

I am delighted to be of service as the Special Events Chair. A very warm thank you goes out to the subcommittee members for making it a relatively smooth transition. Thank you to Larry T. for his mentorship, experience and his deligent service.

Looking forward to another month with the subcommittee creating, planning and executing another function for our members to enhance the enjoyment of their recovery, to fellowship together and promote unity.

Todays event, "Princples Before Personalities" will be hosted at Gwynn Oak UMC, 5020 Gwynn Oak Ave. Marathon: 12noon-8pm Dance: 8pm-11:00pm

December's event, "The Gift of Recovery" will be hosted at St. Luke's Chruch, 2119 Gwynn Oak Ave.

No finacial report for October was submitted due to suspension.

Thank You for allowing me to serve,

Randy S.





Special pages

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BASC CHAIRPERSON REPORT

Good Morning and greetings to all GSR's, GSR Alternates and Board Members, Happy November,

Thank you for all you do GSR's, board members and trusted servants and your continued support as we strive to give you education and information to carry the message to the still suffering addict as well as keep an atmosphere conducive to recovery. The message is hope and the promise is freedom. We continue to work diligently to operate on a collective and cohesive level for the common good. We will continue to give you quality service as your trusted servants.

As I participated in our monthly BASC 3rd Thursday board meeting, WE discussed some very important and pertinent issues regarding our policy and procedures. We look forward to sharing those ideas with you.

Our 2019 elections are now upon us and we are looking forward to the new year and all that it brings. If you or anyone you know are interested in being of service, nomination forms are placed at the front table. Please seek out either of our Sergeant at Arms on duty and they will assist you. Remember our fourth tradition when choosing and/or accepting positions; "Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants."

We are still seeking suggestions and ideas to bridge the gap between surrounding areas. Please utilize the suggestion box provided. Thanking you in advance for your amazing ideas and insight.

Respectfully submitted,

Stephanie G.

BASC Chairperson





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BASC Vice Chair 2018



Baltimore, Md. 21223 Phone: 410-566-4022

Chair-Stephanie G. Vice -Chair-Randy S

Secretary-Nichole H.



Saturday November 3, 2018

Greetings and welcome to all. Thank you for your love and commitment in your efforts to serve the BASC & the fellowship of Narcotics Anonymous.

Tradition Eleven (Abridged)

Our public relation policy is based on attraction rather than promotion. We need always maintain personal anonymity at the level of press, radio, and films.

...For us, attraction means simply sharing how NA works, and that it works. The power of our message is in our honesty. *Promotion* would be to make *guarantees* or *promises*, set an individual member up as a "model recovering addict', or suggest that NA is the best way to recover. If we are not careful, our passion for NA could lead us to compromise the anonymity of ourselves or others, disrupt local services, and mislead others about NA. When we *trust* NA to be attractive to those seeking recovery, we can avoid the impulse to promote our program of recovery, and the challenges that result from doing so.

...Tradition eleven was written before the internet existed or before even television was in wide distribution. We communicate much differently today, and the media by which we communicate continues to evolve. So when we see "at the level of press, radio, and films," we are obliged to ask: "What is the equivalent today?" We need to think about the spirit of the tradition-the principle at its core—as we consider how to apply it now. What does it mean to maintain our personal anonymity in a much less private world? We are called to practice this tradition with more vigilance than ever. Guiding Principles -The spirit of our traditions pg198-199

ACTIVITIES

- Saturday 10/18/18-Attended Executive Body Meeting: 3nd Thursday of month @ FSRSC 217 N. Warwick Ave. 5:30pm
 - ✓ The body conducted discussions and updates for subcommittee members & chairs.
 - ✓ Updates were addressed for Special Events changing Chair and policies/guidelines esp., checks written specifically to vendors (DJ & facility) and money/or check distributed for purchases for food, soda, water or catering.
- Sunday 10/14/18-Special Events off-site meeting. 2nd Sunday of the month @5:00pm Village Baptist Church 100 S. Hilton Street
 - ✓ Transition was well received by committee members. Committee wasted no time in conducting business as usual for November's event. All's well!

BASC Vice Chair 2018



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Nicole H.

Secretary-Nichole H.

Saturday November 3, 2018

- Tuesday 10/16/18-Attended and participation for October's issue of "Together We Can" NA groups of the Free State Region Newsletter. Meeting are held 2nd Tuesday of the month @ FSRSC 217 Warwick Ave. 5:30pm.
- Saturday 10/27/18-Attended Special Events On-site meeting held 4th Saturday of the month @ FSRSC 217 N. Warwick Ave. 11:00-12:30pm
 - ✓ The committee was able to cement activities for November's event and decided for the venue and the theme for December events. Please refer to Special Events' report for activities. All's well!
- Saturday 10/27/18- Attended H&I (Hospital and Institution) subcommittee meeting held 4th Saturday @ FSRSC 217 N. Warwick Ave.12:30pm
 - ✓ H&I need your support! Please come out and join us. Please see H&I report for more information.

Your Trusted Servant, Randy S.

443-908-1647

rsmithxxis14@gmail.com

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11/3/18

Literature Committee

Literature Chair: Curtiss C. 443-602-1753
Literature Vice Chair Milton W.
Committee Members Kim H & James A

Greeting all,

On October 13th I attended the Free State regional literature committee meeting to discuss new upcoming literature and to verify and reconcile new meeting update forms.

The Baltimore Area Literature committee met on Tuesday. 10/16/18. We meet every 3rd Tuesday from 4:30-5:30. There were several meeting changes and closing since the last area meeting. Please continue to let us know of any meeting changes, they will go into the next meeting schedule printed.

Please try to encourage members to get involved with the Together we can newsletter. Try to answer the question for the month. We can use some new reader writes and answers to the questions of the months (What do you like to do doing the holidays, now that you're clean?) If you have any poems or anything related to recovery and want to put it in the newsletter let Milton or me know, and make sure you sign a release form.

Thank you.
Submitted by
Curtiss C. Literature Chair

BASC Policy Sub-Committee



217 N. Warwick Avenue Baltimore, Md. 21223 Phone: 410-566-4022

Yorell C. - Chair Phone: 443-563-0343

Saturday, November 3, 2018

·	_			
Thanks	for	allowing me	to	serve

No old business to report

New business

Old business

Greetings to all.....

• Updates to BASC Articles and Guidelines approved September 13, 2018 were found to be listed under the articles and guidelines of the Special Events subcommittee:

Article XIV: Financial Matters - All checks given to Special Events will be issued in the name of the venue and/or facilitator of services being provided (1-090118).

All monies given to Special Events will be given as needed, excluding monies for the venue and services (1-090118).

Article XV: Current Procedural Motions - 11. Baltimore Area Special Events will present all contracts for approval by the Area Chair and Area Vice-Chair.

These updated articles and guidelines under review to be redacted.

Sincerely; Yorell C.



Product Specifications

System

Audio

Battery

Weight

Ports

HP Pavilion Lapton - 15t Operating system Processor Windows 10 Home 64 Windows 10 Home 64 Operating Windows 10 Pro 64 Processor and graphics Graphics Intel® Core™ i6-8250U (1.6 GHz, up to 3.4 GHz, 6 MB cache, 4 cores)+Intel® UHD Graphics 620 Intel® Core™ i5-8250U (1.6 GHz, up to 3.4 GHz, 6 MB cache, 4 cores)+AMD Radeon™ 530 Graphics (2 GB GDDR5 dedicated) Intel® Optane™ memory No Optane Memory 16 GB PCIe® NVMe™ Intel® Optane™ Display Storage 15.6" diagonal HD SVA BrightView WLED-backlit (1366 x 768) 15.6" diagonal HD SVA WLED-backlit touch screen (1366 x 768) 15.6" diagonal FHD IPS BrightView WLED-backlit (1920 x 1080) 15.6" diagonal FHD IPS BrightView WLED-backlit touch screen (1920 x 1080) Memory Webcam 4 GB DDR4-2400 SDRAM Optical Drive 8 GB DDR4-2400 SDRAM (1 x 8 GB) Dimensions (W x D x H) 12 GB DDR4-2400 SDRAM (1 x 4 GB, 1 x 8 GB) 16 GB DDR4-2400 SDRAM (2x8GB) Color Storage 1 TB 5400 rpm SATA; 16 GB PCIe® NVMe™ Intel® Optane™ 1 TB 5400 rpm SATA; 128 GB M.2 SSD 1 TB 5400 rpm SATA; 256 GB M.2 SSD Office software Office Software Trial Microsoft® Office 365 Personal 1-year - Save \$20 instantly Microsoft® Office 365 Home 1-year - Save \$20 instantly Microsoft® Office 2016 Home and Student Microsoft® Office 2016 Home and Business - Save \$50 instantly Microsoft® Office 2016 Professional - Save \$70 instantly McAfee LiveSafe(TM) Security Software Security Software Trial McAfee LiveSafe™ 12 months - Save \$50 instantly
McAfee LiveSafe™ 24 months - Save \$99.99 instantly
McAfee LiveSafe™ 36 months - Save \$149.98 instantly Software Theft protection Absolute Home & Office, One Year Absolute Home & Office, Two Year Absolute Home & Office, Four Year Primary battery 3-cell, 41 Wh Lithium-ion prismatic Battery Color Mineral Silver Sapphire Blue Optical drive DVD Write Keyboard Full-size island-style keyboard(Natural Silver) Full-size island-style backlit keyboard(Natural Silver) Personalization HP Wide Vision HD Camera with dual array digital microphone (Mineral Silver) HP Wide Vision HD Camera with dual array digital microphone (Sapphire Blue)
HP Wide Vision FHD IR Camera with dual array digital microphone (Mineral Silver) HP Wide Vision FHD IR Camera with dual array digital microphone (Sapphire Blue) Wireless technology Intel® 802.11b/g/n/ac (1x1) Wi-Fi® and Bluetooth® 4.2 Combo intel® 802.11b/g/n/ac (2x2) Wi-Fi® and Bluetooth® 4.2 Combo Battery life Up to 9 hours and 15 minutes with HD panel; Up to 9 hours with FHD panel Video Playback Battery Life Up to 8 hours with HD panel Up to 8 hours with FHD panel Audio Bang & Olufsen, dual speakers, HP Audio Boost Network interface Integrated 10/100/1000 GbE LAN Expansion slots 1 multi-format SD media card reader External I/O Ports 1 USB Type-C™ 3.1 Gen 1 (Data Transfer Only); 2 USB 3.1 Gen 1 (Data Transfer Only); 1 HDMI 1.4; 1 RJ-45; 1 headphone/microphone combo

Power supply 45 W (models with integrated graphics); 65 W (models with discrete graphics)

McAfee LiveSafe™ 30-day trial offer (Internet access required. First 30 days included.

Energy efficiency ENERGY STAR® certified; EPEAT® Silver registered

Subscription required for live updates afterwards.)

Kensington NanoSaver™ security lock support

Dimensions (W X D X H) 14.8 x 9.61 x 0.89 in

4.69 lb Software included

Security management

Weight

Leveno Ideapad 130 (15") Up to 8th Generation Intel® Core™ i7-8550U Processor (1.80GHz, up to 4.0GHz with Turbo Boost, 8MB Cache) 7th Generation Intel[®] Core[™] i3-7020U Processor (2.30GHz, 3MB Cache) Intel® Celeron® N4000 Processor (1.10GHz, up to 2.60MHz Burst Frequency, 4MB Cache) Windows 10 Home Integrated Intel® UHD Graphics 620 Up to Integrated Intel® HD Graphics 620 Display 14" HD (1366 x 768) Anti-Glare 14" FHD (1920 x 1080) Anti-Glare 4 GB DDR4 2400 MHz Up to 8 GB DDR4 2133 MHz Up to 1 TB 5400 RPM 2 x 1.5 W speakers with Dolby Audio" Up to 5.5 hours*: *Based on testing with MobileMark 2014. Battery life varies significantly with settings, usage, & other factors. 0.3MP camera with integrated microphone **DVD Multiburner** 13.3" x 9.8" x 0.89" / 338.3 x 249.9 x 22.7 (mm) Starting at 4.6 lbs (2.1 kg) Platinum grey 802.11 AC (1 x 1) + Bluetooth® 4.1 Celeron models: 1 x USB 3.0 1 x USB 2 0 HDMI 4-in-1 card reader (SD, SDHC, SDXC, MMC) RJ-45 LAN Audio jack Intel Core i models: USB Type-C 3.0 2 x USB 3.0 **HDMI** 4-in-1 card reader (SD, SDHC, SDXC, MMC) RJ-45 LAN Audio jack Lenovo App Explorer Lenovo Companion 3.0 - driver update Lenovo ID Lenovo Settings McAfee LiveSafe 30-day trial



BALTIMORE AREA SERVICE COMMITTEE OF N.A. **HOSPITALS AND INSTITUTIONS SUBCOMMITTEE** 217 N. WARWICK AVENUE BALTIMORE, MD 21223



November 1, 2018

Greetings Baltimore Area Service~

Purpose of the Hospital & Institutions (H&I) subcommittee is to carry the message of recovery to addicts in hospitals and institutions who do not have full access to regular Narcotics Anonymous meetings. H & I presentations except for those in longer term facilities are intended to simply introduce those attending to some of the basics of the NA Program.

The Subcommittee met on October 27th, 4 coordinators and 2 alternate coordinators were present to represent six of the seven facilities the Baltimore Area serves.

The Chair of the subcommittee wasn't present at this meeting. The Secretary, Alternate Secretary and BASC Vice Chair were able to conduct the business of the subcommittee

We would like to thank those members who joined us at the subcommittee meeting for their willingness to find out more about the subcommittee, joined and/or continued in carrying the message, stamp/sort literature, bought back follow-up info or supported another to serve.

Literature for the H & I subcommittee was purchased this month in the amount of \$77.74.

The next subcommittee meets on November 24th, 12:30 at the Freestate Region Service Center elections will be held for subcommittee positions vice chair, secretary, alternate secretary, literature coordinator and coffee maker.

In Loving Service Charvette B. (H & I Alternate Secretary) 443-929-0467 Charvette23@yahoo,com



BALTIMORE AREA SERVICE COMMITTEE OF N.A. PUBLIC AND RELATIONS'S SUBCOMMITTEE 217 N. WARWICK AVENUE BALTIMORE, MD. 21223

Phone: 410-566-4022

Hotline: 1-800-317-3222

Stephanie G. – Chair

Randy S. - Vice Chair

Nicole H. -

Secretary

Meeting Agenda

November 3,2018 10:00 am

Type of Meeting: Subcommittee meeting

Meeting Facilitator: Antonio S.

Invitees: Lawerance H., Jillian B.

- I. Call to order
- II. Roll call
- III. Approval of minutes from last meeting
- IV. Open issues
 - a) Attended the Recovery Walk (Set up a table and handed out literature
 - b) Reviewing ways to make Baltimore Area more visible to the community
 - c) Have two Learning Day

V. New business

- a) Work with Web server to create a QC code to put on post cards
- b) Work on outreach activities
- c) Attract members of NA to public relations
- d) Met with GSR of new meeting
- e) Work on locating meetings that is not open in the meeting schedule.
- f) Get advertisement back on the MTA busses, light rail and subways.

VI. Adjournment

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Vice Chairperson for FreeState Region Report 11/18



Good morning to all of the GSR's, Executive Body Members, Subcommittee Chairpersons, and NA member attending today. As your Vice-Chairperson for our Free State Region of Narcotic Anonymous I am getting involved with matter that affect or Region and the Baltimore Area.

Our path continues must continue to be a part of the solutions and not the problems. We are the Baltimore Area, and part of the Free State Region

The region has all of the committee that we have here in our Area. These committee are making decision that affects our Area, yet we do not have our voice heard, because we do not send someone to participate. We expect our RCM (with an alternate) to bring back all of the information and carry our conscience with any help what so ever. Our RCM is only one vote, however most of the decision are decided on and created in the Regional sub-committee. If we want to be part of the changes happening in NA we must represent, support our RCM, and have I voices heard.

We in our Baltimore Area, my Area needs you to step up get involved and show all that we are a part of the solution. Help and support our RCM and our Area.

Our Elections are being held this month and we need to start there by filling our subcommittee's chairperson positions. The Region meets right here every month on the second Saturday, so there is no reason that our sub committees chair cannot represent us for one hours. We then will have a voice in what our Region decides to do.

For the months of August and September 2018 Highlights:

Old Business: None.

New Business:

Motions:

- (1) To approve new internal guidelines for the PR subcommittee. They have been reviewed by each area PR subcommittee chairperson. Unanimous 8 for 0 against 0 abstain. October 2018.
- (2) To allocate \$200 to the public relation committee budget. Unanimous 8 for 0 against 0 abstain October 2018.
- (3) For the region to host and fund the autonomy zonal forum once every three years Motion pass by voice vote (Roberts rule of order) October 2018.
- (4) RCMs are to ask home groups if they want to continue FSRCNA-(FreeState Regional Convention) Ruled out of order
- (5) To discontinue the FreeState Regional Convention- Motion to table until RCMs can bring back to the areas.

Copy of original motions available for viewing.

Off Month discussion topic:

1. Motion 5 and convention. 2. Adhoc committee, budget and money that is being held at the regional level. 3. Policy update

Motion to extend Passed For -6 Against-1. Closed @ 2:35 pm

In closing, all of this is happen in our Area and we do not have a voice because we are, without a voice on the Subcommittees making recommendations. We need everyone to step up and demonstrated that we are a major part of the solution. Our NA survival depends on it (First Tradition).

In your humble service, Larry A. Vice-Chairperson FSRNA (410) 402-4443



Autonomy Zonal Forum

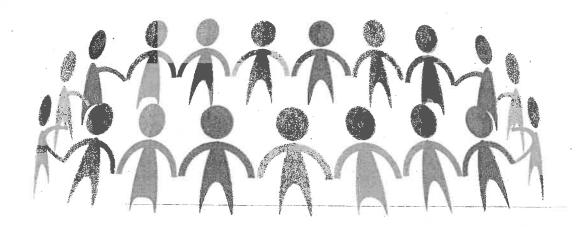
Relationships Within Our Fellowship

Hosted by Free State Region of Narcotics Anonymous

The Autonomy Zonal Forum (AZF) provides an opportunity for members to share and discuss matters that affect our fellowship. This event will feature speakers, workshops, speed sharing, food and entertainment. Relationships are the meat, potatoes and dessert of life!! All NA members are welcomed and invited to attend!!!

January 26th and 27th 2019 Sat 11 AM - 10 PM Workshops Sun 9 AM - 2 PM AZF Meeting

Ferndale United Methodist Church 117 Ferndale Road, Glen Burnie Maryland 21061



Hotels Nearby: Country Inn/Suites, Fairfield Inn/Suites, Homewood Suites, LA Quinta Inn, Extended Stay America, Microtel Inn

Contacts: Tricla C 443.517.9338, Christian B 443.603.4373, Craig R 919.618.7771